

NIVE: NeuroImaging Volumetric Extractor, a High-Performance Skull-Stripping Tool

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1. Introduction

Skull stripping, the process of extracting brain region from magnetic resonance imaging (MRI) scanning images, is the foremost step of any CAD regimen [1-5]. Its accuracy is of utmost significance for all subsequent operations leading to diagnosis [6-11]. Optimum pathology detection is only

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possible after this process [11] as the presence of the skull can cause misjudgements, especially in cases of brain lesions [12] and tumours [6,13]. Manual segmentation by experts (radiologists/ neurologists) is considered as the "gold standard", but it is a very tedious and time-consuming job, given the size of massive MRI datasets [1,14]. In order for the CAD system to be fast, accurate and human intervention-free, a robust skull stripping tool is mandatory. Extensive research has been carried out in this direction resulting in development of algorithms ranging from old-school image processing and morphological operations [15] to the more recent artificial intelligence (AI) based systems [16].

Literature suggests that deep learning (DL) based approaches outperform conventional methods to carry out this task [2,17]. Deep Convolutional Neural Networks (CNN) have exhibited outstanding performance [18], with U-Net architecture being widely used [1,19]. Among the studies conducted and systems developed so far, few shortcomings have been observed periodically. Majority of the systems work with only T1W MRI [7,10,16,20] for healthy adult brains [6], rendering them unreliable for T2W, fluid attenuated inversion recovery (FLAIR) and other sequences and their performance drops in the presence of pathologies [16]. Rehman *et al.,* [16] suggest that fast, accurate, userfriendly, sequence orientation and pathology-agnostic skull stripping tools would be an absolute requirement in times to come.

Addressing this requirement, we propose a software tool, known as NeuroImaging Volumetric Extractor (NIVE) for removing the skull from brain MRI. Notably, NIVE has been trained with the most comprehensive human brain MRI dataset encompassing normal/pathological and adult/infant brains with T1, T2, FLAIR and proton density (PD) sequences in axial, sagittal and coronal orientations. In addition, NIVE comes with a vast input file type support and a very simple user interface (UI) to assist radiologists and neurologists who might not be comfortable with command line operations. The performance of the proposed system has been compared with SynthStrip [10], the current state of the art system, in the light of the literature.

The organization of this paper is such that prior art in this field is given in Section 2, Section 3 presents the hardware, software, brain MRI dataset and DL architectures used, whereas the results are presented in section 4. Section 5 and 6 describe the availability of NIVE and the online resources, and the paper is concluded in Section 7.

2. Prior Art

In this section we briefly review the research pertaining to skull stripping, with focus on SynthStrip [10] which we have used as the benchmark for performance comparison. A summary of the developed algorithms along with their performance metrics and datasets used is given in Table 1. Many algorithms have been used in developing skull strippers, but DL based approaches stay dominant, with adequate performance for medical image segmentation applications. The use of limited datasets for training, relying on a single sequence, T1W predominantly and catering only normal adult human brain MR images appear as the major shortcomings in most of the research. This results in lower performance accuracy for other sequences and for pathological brains, rendering such systems incapable of acting as robust assistive tools.

Very few systems [10] cater infant MRI due to their small size and dynamic intensity changes [19]. Salehi *et al.,* [21] cater fetal brain MRI. The research in [22] uses morphological operations by extracting the largest connected component and it sometimes fails, in which case they use information from adjacent slices in an MRI volume. This approach is not suitable for individual MRI slices. The accuracy in [23] drops in regions around the eyes and below. If extra-cranial content is retained, it might hamper optimum pathology detection [11] at later stages especially in cases of brain tumours or lesions [6]. Kaliyugarasan *et al.,* [24] suggest that similar performance accuracy is observed using both 2D and 3D U-Nets, with 2D being slower due to slice-by-slice processing approach. Others state that in order to improve efficiency, 3D MRI must be broken down into 2D sequences and stripped layer by layer [1]. Hence this approach is adopted by NIVE.

Regarding "Gold Standard" ground truth labelling by experts, Lucena *et al.,* in [4] suggest that single-rater based manual annotation may be biased and hence a consensus approach among multiple raters may be used. In this research, the gold standard ground truths for testing have been obtained from one consultant radiologist only, which stays as a limitation at the moment, and may be addressed later. SynthStrip [10] considered as the benchmark tool developed in 2022 by MIT uses U-Net as the baseline architecture and outperforms multiple skull strippers including ROBEX [7], BET [25], 3DSS, BEaST [9], FSW and DMBE. NIVE developed in this research is compared in performance with SynthStrip using online datasets and those acquired from a hospital. The materials and methods used in the development of NIVE are presented in the subsequent sections.

Table 1

Related works on Brain Extraction summarized in terms of techniques, performance; Jaccard index and Dice score and MRI dataset

3. Material and Method

This section states the hardware and software used in the development of NIVE. It also provides details about the datasets used for training, validation and testing, encompassing both online sources and the data acquired from a hospital in Islamabad, Pakistan. The end-to-end design and development methodology is also provided in this section.

3.1 Hardware and Software

Firstly, the training and testing of the NIVE was conducted on multiple computers. This includes Lenovo Legion Y545 using Intel(R) Core(TM) i7-9750H CPU @ 2.60GHz 2.59GHz with 16GB RAM and 6GB NVIDIA GeForce GTX 1660 Ti. Another Linux based machine with 12GB NVIDIA GeForce RTX 2080 Ti at the Center for Intelligent Signal and Imaging Research (CISIR), Universiti Teknologi Petronas (UTP) was also used for training. MATLAB R2022b and Python 3.10.7 were used for coding. TensorFlow 2.10.0, TensorFlow-GPU 2.10.0 with Cuda 11.2.2 and cudnn 8.1.1 were used for training and testing, in addition to MATLAB.

Secondly, for testing SynthStrip, a Windows Subsystem for Linux (WSL) and Ubuntu version 22.04.1 LTS were used. The SynthStrip is embedded in FreeSurfer version freesurfer ubuntu22-7.3.2 amd64.deb. In addition, DICOM to NIfTI conversion, DICOM and NIfTI tools, NIfTI visualization (version 2023.03.16) by Xiangrui Li (2023) was used to convert Dicoms to NIfTI files (to be fed as an input to SynthStrip).

Lastly, for the ground truth labelling of newly acquired images from a hospital, the Label Studio (version 1.7.3) was used with python. This was done by a consultant radiologist via remote access of the software using AnyDesk version 7.1.11. Besides, RadiAnt Dicom Viewer (version 2023.1) was also used to inspect Dicoms acquired from Advanced International Hospital, Islamabad, Pakistan.

3.2 MRI Brain Dataset

The list of 5 different MRI datasets utilized in the development and evaluation of the NIVE are summarized in Table 2. The training images are from three sources; NFBS, SynthStrip and MICCAI 2016 while the testing images come from all five datasets. Detailed description of the datasets is covered in the subsequent sections.

Table 2

Summary of the five brain MRI datasets utilized in the development and evaluation of NIVE

3.2.1 Neurofeedback skull-stripped (NFBS) repository

The NFBS dataset [36] contains 125 T1-weighted anatomical brain MRI NIfTI volumetric data, along with brain masks and segmented brain images. Brain slices were extracted from all three orientations. 8 slices from deep brain were extracted from axial orientation which had a total of 192 slices with a resolution of (240 \times 320)-pixel, making a total of 1000 MRIs and 1000 masks. Similarly, out of 256 coronal slices with (320 \times 240)-pixel resolution, 8 deep brain slices per subject were extracted, and the same from 192 sagittal slices per subject with (320 \times 320)-pixel resolution. This constituted a total of 3000 MRIs and their corresponding masks, later to be used for training and validation. Data cleaning and augmentation was carried out using MATLAB with removal of border artifacts in both MRI and mask images. In addition, all images were rotated by 90 degrees to increase the training data along with providing the DL network an ability to handle different MRI orientations. This was followed by zero-padding to achieve uniform image resolution of (256 \times 256)-pixel. A total of 6000 MRIs and masks were eventually used from this dataset.

3.2.2 The SynthStrip dataset

The SynthStrip dataset [10] is a publicly available collection of MR images with corresponding ground-truth brain masks from 622 MRI, CT, and PET scans. This diverse data collection includes images acquired with various MRI sequences, resolutions, and in subject populations ranging from infants to patients with glioblastoma. Since our study deals with MRI modality only, 20 CT and 20 PET scans available in this dataset were not used. In total, 118606 T1, T2, FLAIR, PD and infant MRI slices from various orientations were extracted and retained from NIfTI volumes after discarding 131 slices due to presence of noisy artifacts or too dark/ blank images. A sample set of the images discarded is given in Figure 1. The dataset was also cleaned for border artifacts and resized to (256 \times 256)-pixel for uniformity.

Fig. 1. Discarded noisy images from SynthStrip dataset

3.2.3 MICCAI 2016 challenge dataset

The MICCAI 2016 [37] database of images is composed of 53 Multiple Sclerosis patients. The dataset contains T1, T2 and FLAIR images among others, both raw and pre-processed versions. It also contains whole brain masks and lesion masks, but this dataset is only used for skull stripping. Only raw FLAIR images were considered. T1-weighted images were not considered to avoid dataset bias since NFBS had all T1-weighted images previously acquired. In addition, T2-weighted MR images and their corresponding brain masks had resolution mismatch issues, hence they were also discarded. A total of 34082 axial, sagittal and coronal MR slices and their corresponding non-zero masks were extracted from this dataset to be used for training and testing the skull stripping model. These images were also checked for border artifacts and resized to a resolution of (256 \times 256)-pixel. Out of the 102246 images, 68164 were discarded due to resolution issues. Including brain MR images of MS patients for training would empower the system to effectively extract the brain from pathological scans with lesions in addition to healthy brain MRI.

3.2.4 Baghdad teaching hospital dataset for multiple sclerosis [*38*]

This dataset contains NIfTI volumes of FLAIR, T1 and T2-weighted MRIs and their corresponding lesion masks from 60 patients with Multiple Sclerosis. In this research we have used all three sequences from patient 1 to compare the performance of SynthStrip and NIVE.

3.2.5 Advanced International Hospital (AIH) Islamabad dataset

MRI scans from three subjects were acquired from Advanced Diagnostic Centre, Advanced International Hospital Islamabad. This dataset consists of Dicom sequences and was subsequently converted to NIfTI volumes to be fed into SynthStrip for performance analysis. The details of the subjects are given in Table 3. The ground truth brain masks were labelled by a consultant radiologist using Label Studio GUI in python. This dataset was later used for testing, performance evaluation and comparison of SynthStrip and NIVE using Dice similarity coefficient as the metric.

3.3 Brain Extraction Technique

Skull stripping was performed using SynthStrip from FreeSurfer and our custom trained models, and the results were compared. SynthStrip embedded in FreeSurfer version freesurfer ubuntu22- 7.3.2 amd64.deb was installed on Windows 11 OS using Windows Subsystem for Linux (WSL) and Ubuntu version 22.04.1 LTS.

For the custom trained models, two separate skull stripping models were trained, one using DeepLabV3+ architecture and the other one using U-Net, with a 90-10 split for training and validation.

MATLAB Computer Vision Toolbox and Deep Learning Toolbox were used to achieve this. GPU always proves to be a lifesaver in such operations since it drastically reduces the training time depending on the hardware used. DeepLabV3+ uses Atrous Spatial Pyramid Pooling (dilated convolutions) and transposed convolutions for down-sampling and up-sampling respectively, whereas U-Net uses 2D Max-pooling and 2D-transposed convolutions. The U-Net model has 58 layers with a total of 31M learnable, the learning rate was set to 0.001. On the other hand, the DeepLabV3+ model has a total of 43.9M learnable, 206 layers, input layer of 256×256 and pixel classification as its output.

The learning rate was set at 0.01 and the ResNet50 backbone was used. Both the networks were trained using 158688 images. This dataset was a merger of 3 publicly available datasets and is the most diverse and massive dataset used to train a skull stripper so far, as evident from the literature. The models were trained with a minibatch size of 8 for 2 epochs, and validated with 10% of the dataset. In addition, testing was conducted using 2 subjects from each of the three online datasets, along with the three cases acquired from hospital with the ground truth data provided by a consultant radiologist. The system design and development methodology for NIVE is given in Figure 2.

Fig. 2. Design and development flow of NIVE

3.4 Performance Metric

Since this is a semantic segmentation problem, in which each pixel is assigned a class, pixel accuracy can prove to be misleading if there exists a class imbalance. In that case, the Dice similarity coefficient can prove to be a meaningful performance metric. The performance of the segmentation method is measured using the normalized confusion matrix and Dice similarity coefficient (Dice). For the confusion matrix, TP, TN, FP and FN represent the true positive, true negative, false positive, and false negative, respectively. The Dice computes the similarity of elements between predicted output, *prediction* and original label, *target* sets,

$$
Dice = 2 \frac{|target \cap prediction|}{|target|+|prediction|} \times 100 \tag{1}
$$

where $|target|$ represents the cardinal of the set target. Dice is similar to BF (Boundary F1) contour matching score between the predicted segmentation and the true segmentation (Ground Truth). Intersection over Union (IoU) is also used to evaluate performance of object detection systems, as shown in Eq. (2) and Figure 3. The performance comparison results are provided in the following section.

$$
IoU = \frac{Area\ of\ Overlap}{Area\ of\ Union} \tag{2}
$$

Fig. 3. Illustration on the area of overlap and area of union for computation of IoU

4. Result and Discussion

4.1 Training of U-Net and DeepLabV3+

The training and validation process for U-Net and DeepLabV3+ is given in Figures 4 and 5 respectively. The models were trained with a training/validation split of 90/10. The models were trained for a maximum of 2 epochs and each one took a little over 32 hours using NVIDIA GeForce RTX 2080 Ti.

Fig. 4. Training progress, training details (top-right inset) of U-Net, performance evaluation in terms of accuracy, IoU and MeanBFScore (lower-right inset) and normalized confusion matrix (left inset)

Fig. 5. Training progress, training details (top-right inset) of DeepLabV3+, performance evaluation in terms of accuracy, IoU and MeanBFScore (lower-right inset) and normalized confusion matrix (left inset)

The performance of models and the normalized confusion matrices are shown in Figures 4 and Figure 5. It can be observed that DeepLabV3+ outperforms U-Net, since U-Net falsely categorized a lot of non-brain regions as brain. Further testing of the two models trained in this research and SynthStrip was conducted using online datasets and real-time data acquired from a hospital. The realtime data was labelled by consultant radiologist using RadiAnt and Label Studio plugin for python, and the gold standard ground truth brain masks were secured.

4.2 Evaluation of Skull Stripping for Different Type of MRI Sequence – Qualitative Analysis

SynthStrip results for T1, T2 and FLAIR MRI respectively, are depicted in Figure 6, along with results from NIVE. These images have been acquired from the Brain MRI dataset of Multiple Sclerosis with consensus manual lesion segmentation and patient meta information, from Baghdad Teaching Hospital [38]. 12 slices have been chosen from a 19-slice 256 × 256 NIfTI volume in three sequences and axial orientation.

Fig. 6. T1, T2 and FLAIR image from patient 1 of Baghdad Teaching Hospital dataset stripped by SynthStrip and NIVE

It can be observed that in its default settings as shown in Figure 7, SynthStrip from FreeSurfer is incapable of adequate brain extraction. It either removes important cortical areas, or retains skull regions as well. The unsatisfactory performance of SynthStrip on Baghdad dataset, as shown in Figure 6, resulted in the motivation for this research. This section provides a performance comparison of DeepLabV3+, U-Net and SynthStrip.

```
kk@LAPTOP-O6JFKF03:~$ mri_synthstrip -i ./mri/1-T1.nii -o stripped.nii -m mask.nii
Configuring model on the CPU
Running SynthStrip model version 1
Input image read from: ./mri/1-T1.nii
Masked image saved to: stripped.nii
Binary brain mask saved to: mask.nii
If you use SynthStrip in your analysis, please cite:
SynthStrip: Skull-Stripping for Any Brain Image.
A Hoopes, JS Mora, AV Dalca, B Fischl, M Hoffmann.
NeuroImage 206 (2022), 119474.
```
Fig. 7. SynthStrip command line

4.3 Evaluation of Skull Stripping using MICCAI 2016, SynthStrip and NFBS Online Datasets

For semantic segmentation, Dice is considered more accurate. Figure 8 shows the Dice scores of the validation set for DeepLabV3+, with about 10% near skull images (containing minimum brain content) discarded. The mean Dice score is 0.98 which is quite comparable to SynthStrip. To further assess the current state of the art SynthStrip and the models trained in this research, two subjects were used for testing from each of the three online datasets namely the MICCAI 2016 challenge dataset, the SynthStrip Dataset and the Neurofeedback Skull-stripped (NFBS) repository. From the MICCAI Dataset, the subjects chosen for testing include FLAIR axial scans from testing centre 7, patient 9 and 10. Qin FLAIR 45 and 46 were chosen from the SynthStrip dataset in FLAIR sequence and axial orientation, whereas T1-weighted sagittal scans from subjects 63589 and 64081 were selected from NFBS dataset.

Fig. 8. Mean Dice score for DeepLabV3+ on validation set

The dataset and subject identifier, the number of slices examined, along with the Dice scores for the three models is given in Figure 9. DeepLabV3+ can be seen outperforming the other two, closely followed by SynthStrip. To further analyse the performance of DeepLabV3+ and SynthStrip, tests on real-time absolutely fresh and unseen data from a hospital were performed and the results are presented in the following section.

Fig. 9. Dice score of 6 different test subjects from MICCAI 2016, SynthStrip and NFBS (from left to right) datasets using the SynthStrip, and trained U-Net/DeepLabV3+. The number of MRI slices for each subject is given in the plot, with the lowest value of 23-slice and the highest value of 139-slice

4.4 Evaluation of Skull Stripping using AIH Islamabad Dataset

Three subjects were chosen by a consultant radiologist incorporating T1, T2 and FLAIR scans for all three orientations. The performance of the three models was compared with the gold standard brain masks. The Dice scores of the three models, the MRI sequence and orientation, and the number of slices analysed per subject are given in Figure 10. The mean Dice scores are given in Table 4.

Fig. 10. Dice score of 3 test subjects from AIH Islamabad dataset evaluated using axial, sagittal and coronal MRI. The number of slices for subject 1, 2 and 3 (from left to right) is respectively, 19, 20 and 35

The brain masks generated by U-Net, SynthStrip and DeepLabV3+ from subject 1 (T1W axial) are given in Figure 11. The intersection of model mask and ground truth mask is given in green, the blue region depicts the brain region in ground truth not detected by model, whereas the red region shows the areas which were treated as brain by the models but were not actually the brain according to the ground truth data.

Fig. 11. Extraction of brain region of Subject 1 form AIH Islamabad dataset using U-Net (top-row), SynthStrip (mid-row) and DeepLabV3+ (bottom-row). Here, green is the intersection of the ground truth (GT) with the predicted mask, blue is the pixel in the GT but not detected by the model and red is the wrongly detected pixel

It can be observed here that U-Net did not perform the skull stripping job well, as almost the entire MRI is being treated as the brain. SynthStrip seems to be performing quite well other than slice 1 and 3, in which it misses out some important brain regions. The poor performance of DeepLabV3+ in the first slice with very low brain content may be because from the NFBS dataset, only 8 deep brain slices were taken for training, compromising the model's performance on near skull (MRI edge) images.

DeepLabV3+ can be observed outperforming SynthStrip in all online datasets. In the AIH Islamabad dataset, SynthStrip and DeepLabV3+ show comparable results for T1w axial (subject 1) and FLAIR coronal (subject 3). In case of subject 2 (T2W sagittal), the inferior performance of DeepLabV3+ may be because of the model being trained on fewer images in that orientation as compared to axial and coronal MRI. The overall satisfactory performance of DeepLabV3+ encouraged the development of NIVE (NeuroImaging Volumetric Extractor) to serve as a tool to assist neurologists, radiologists, data scientists and researchers in medical practice and CAD research.

Table 4

Comparison of Mean Dice Score between SynthStrip, and skull stripping techniques using U-Net, DeeplabV3+

5. NIVE Graphical User Interface

MATLAB Graphical User Interface Development Environment (GUIDE) was used to design and develop NIVE. NIVE is capable of handling NIfTI, Dicom, Jpg, Png, Bmp and other image data formats as input which gives it an edge over SynthStrip which only accepts NIfTI file format as input, and generates NIfTI volumes for both brain masks and skull-stripped output. Since software used by radiologists (like RadiAnt) majorly support Dicom sequences, a diverse input acceptance feature of NIVE would prove to be helpful in medical practice. NIVE can provide individual skull-stripped slices or entire volumes depending on user input. It has a flexible and user-friendly interface, which offers skimming through slices using slider and visualizations for raw unprocessed MRI, its corresponding brain mask, and the skull-stripped version simultaneously. SynthStrip on the other hand is a command-line based tool, which some medical professionals might find tedious to use. The data import and export options in NIVE can be controlled using pushbuttons. The UI for NIVE is given in Figure 12.

6. NIVE, Model and Dataset Availability

NIVE v1.0 is available at MathWorks as a MATLAB app installer package at the link [https://www.mathworks.com/matlabcentral/fileexchange/129574-nive.](https://www.mathworks.com/matlabcentral/fileexchange/129574-nive) The online publicly available datasets can be downloaded from their respective web links whereas the data acquired from Advance International Hospital Islamabad, along with the ground truth masks is available at the link [https://www.kaggle.com/datasets/khuhedkhalid/aih-skullstripping-data.](https://www.kaggle.com/datasets/khuhedkhalid/aih-skullstripping-data)

Fig. 12. NIVE GUI developed on MATLAB

7. Conclusions

Brain extraction is an important preprocessing step in CAD systems using brain MRI. Adequate performance of a skull stripping system facilitates the subsequent processes involved in reaching concrete diagnoses. DeepLabV3+ model has been trained with the most comprehensive human brain dataset and has outperformed U-Net and the current state of the art tool SynthStrip. The trained model has been embedded in NIVE to serve as a tool to assist radiologists and data scientists working on CAD systems for neurological disorders. NIVE has proven to be the best publicly available system so far which is agnostic to MRI input file type, sequence, orientation, subject age, brain pathology, and acquisition hardware variations.

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