

Novel Lightweight Hydraulic Integration Methodology for Robotic Applications

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ARTICLE INFO	ABSTRACT
Article history: Received 20 December 2023 Received in revised form 5 June 2024 Accepted 13 June 2024 Available online 31 July 2024	Hydraulic integration is one of the novel technologies in the field of robotics and assistive devices. Researchers have applied recent technologies starting from non- conventional machining methodologies and ending with additive manufacturing of metals. However, those methodologies have several drawbacks related to the cost, time, and robot weight. This motivates the research of new methodologies toward developing compact, cost-effective, and lightweight hydraulic integrated robotics mechanisms. This paper presents a novel methodology for fabricating hydraulically integrated parts by using lightweight and high-strength materials. The proposed materials, fabrication steps and the obtained results are thoroughly discussed. Silicon pipes are used for building the network of internal passages. This network is built inside a 3D-printed mould which is designed accordingly. A theoretical study is conducted for the newly manufactured hydraulic parts to define the design parameters and the working pressure at which the manufactured parts can withstand in addition to stresses
Keywords:	and deformations analysis. The theoretical results are validated using finite element modelling (FEM) and experimental testing. The simulation results were consistent with
Hydraulic integration; humanoid robots; HYDROïD robot; assistive devices; composite materials; additive manufacturing	the FEM results and the experimental results by 95% and 90% respectively. The proposed methodology is cheap and simple to implement in fabrication. Hence, this methodology can be used to fabricate hydraulic integrated components in hydraulically actuated humanoid robots successfully.

1. Introduction

In the modern world, more research is needed to create humanoid robots for use in industrial processes, entertainment, or research [1-3]. Some researchers have developed humanoid robots that are dedicated to entertainment purposes such as reception duties in hotels and airports, serving people in restaurants or even helping elderly people in hospitals and homes [4,5]. Humanoids are mainly actuated using electrical or hydraulic actuators. Normally, electrically actuated robots are preferred due to their control simplicity and low initial cost. Examples of electrically actuated robots

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https://doi.org/10.37934/araset.49.2.102117

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include ARMAR-6 [6], HRP-5P [7] and WABIAN-2LL [8]. However, this type of actuation is also characterized by its heavy mechanical couplings. These couplings are needed to provide the necessary torques and velocities to achieve high dynamic activities that are required by humanoids [9,10].

Recently, several Humanoid robotics researchers have used hydraulic actuation in humanoid robots to carry out dynamic and dexterous tasks like Tae-mu [11], Atlas [12], HYDROïD [13] and WLR-II [14]. Generally, hydraulic actuation is characterized by its high torque to volume ratio, power density and high precision [15]. However, hydraulically actuated humanoid robots lack safe interaction with human beings due to their high mass/inertia in addition to the possibility of hydraulic leakage due to the presence of hydraulic pipes or hoses.

Consequently, several researchers tried to enhance hydraulic actuation with novel ideas like the introduction of hydraulic integration technology for humanoid robots like Atlas, HYDROïD and HyQmax [16]. This feat provides more system compactness and decreases the time of assembly and motion flexibility. Additionally, by eliminating the hydraulic piping system, the robot gains more morphology and social acceptance. Hydraulic integration technology has been carried out by several fabrication processes. Alfayad *et al.*, [17] has developed the hydraulic integrated HYDROïD robot using conventional machining technologies such as electric discharging. He also produced an integrated electrohydraulic actuator [18] for joint actuation. Boston Dynamics [19] has used the additive manufacturing of metals for their humanoid robot Atlas. Moog and IIT [20,21] have produced their integrated hydraulic actuator ISA 5 intended for their quadruped robot HYQ using 3D printing of titanium.

Hydraulic integration is also used in the manufacturing of assistive devices and exoskeletons. Sun *et al.,* [22] presented a novel hydraulic actuating system (HAS) which was based on an electrichydrostatic actuator for a hydraulic lower limb exoskeleton. Each HAS contained an electric servo motor, a high-speed micro pump, an oil tank, and other components into a module. Experiments of trajectory tracking, and human-exoskeleton interaction are carried out, which demonstrate that the total weight of the HAS in the robot is reduced by about 40%, and the power density is increased by almost 1.6 times compared with the previous prototype.

Another research effort was done by Lee *et al.*, [23] in which he produced a new electro-hydraulic actuator (EHA) system to be used with a lower limb exoskeleton. The EHA prototype contains of a hydraulic pump, an electric motor, a hydraulic actuator, and a hydraulic manifold to house the hydraulic valves. Position and force control experiments were done to enable the exoskeleton to imitate the required gait cycle while monitoring the flow rate and pulsation. To control the actuator, sliding mode controller (SMC) is applied and compared with the proportional integral derivative (PID) controller.

Despite the previous research efforts, each of these mentioned fabrication processes has its drawbacks. Advanced machining process, for example, electric discharging, suffers from high cost and long fabrication time [24]. Moreover, the produced component necessitates post procedures such as surface finish and soldering, which increases the price of the produced part. Secondly, the additive manufacturing of metals is expensive [25] and is expected to be used for limited space. Furthermore, high printing precision is obtained when the integrated component has a constant cross-section, which isn't true for most cases of hydraulic integrated parts. Consequently, it is important to develop an adaptable methodology for fabricating hydraulic integrated robot components, which uses high strength-to-weight ratio materials, resolves the complexity, and reduces the cost of manufacturing. This paper presents a new methodology for fabricating hydraulic integrated components with high strength, low cost, and a simple manufacturing process.

2. Problem Statement

The fabrication of a hydraulic integrated part is a complex and expensive process. Figure 1 gives an example of a hydraulic integrated part used in HYDROïD robot arm. It contains 14 passages in several directions, for which some of which measures 100 mm in length and 3 mm in diameter. It would be difficult to fabricate this part using classical machining (pressing or turning) due to the length and small dimensions of the passages. So, electric discharging is used to do 100 mm holes of small diameters (starting from 3 mm and up to 10 mm). Then, laser welding is used to close the unnecessary openings. However, this method is time-consuming and requires later post-processes such as surface finish where the welder is applied. This would inherently increase the price of the hydraulic integrated part and the mechanism overall. Additionally, electric discharging would, in some cases, alter the mechanical properties of the part material due to the high temperature effect [26,27].

Normally, additive manufacturing of metals can be used for fabricating this part [28]. Two recent technologies could be used to accomplish this: selective laser sintering (SLS) and electron beam melting (EBM). SLS technology has limitations in terms of part dimensions/shape related to printing accuracy. The high accuracy of printing is obtained when the part has a constant cross-section, which isn't the case for the shown part because the passages are not symmetrically distributed. Also, due to the small dimensions of the holes, it would be difficult to remove the powder metallic support. This is also applicable to the EBM technology which is very limited in terms of dimensions of the parts [29]. Furthermore, both technologies should be followed by heat treatment and surface finish, due to the fragility of the produced part. Moreover, additive manufacturing of metals is still a relatively expensive process which affects the price of the whole process [25]. Consequently, it is important to find a new methodology for fabricating hydraulic integrated parts which could be simple, relatively cheap and uses lightweight and high strength materials such as composites.



Fig. 1. Example of a hydraulic integrated part

3. Proposed Solution

The novel methodology presented in this paper proposes the usage of silicon pipes for building the network of internal passages. This network is built inside a 3D-printed mould, designed accordingly. All the hydraulic components, including the hydraulic adapter, are directly integrated into the printed mould. In addition, a 3D-printed elbow is used to connect two perpendicular silicon pipes. Figure 2 gives an example of the setup of the proposed methodology. Thus, the proposed

methodology consists of 6 steps: mould design, 3D-printing the mould, installing internal passages and some other accessories, adding resin or random carbon fibre-reinforced polymers, removing the mould, and finishing the parts. First, the mould is designed using CAD software, before it is fabricated using the appropriate 3D printing technology. Second, silicone tubes are installed to resemble the integrated passages of the old parts. Third, the random carbon fibre material is prepared, and added to the silicone pipes network, to match the requirements of mechanical properties. Moreover, the mould is removed to get the moulded part.



Fig. 2. Representation of the proposed methodology

4. Theoretical Calculations

In this section, the main issue is to define the validated design parameters and the working pressure at which the part can resist the stresses. The main design parameters that are included are the internal diametric ratio R_i and the external diametric ratio R_o . To do that, the applied theory is the multi-layer theory, in which the internal layer is the silicone tube, while the external layer is the random fibre composite reinforcement (Figure 3).



Fig. 3. Geometrical Presentation of the multi-layer tube: a) internal diameter of the internal layer, b) the internal diameter of the outer layer and c the outer diameter of the outer layer

To find these design parameters, the classical elasticity theory of multi-layer thick-walled cylinders is used [30]. The elasticity material parameters of the internal and the external layers are designated as E_i Young modulus of the internal layer, v_i the Poisson ratio of the internal layer, E_0 the Young modulus of the external layer and v_0 is the Poisson ratio of the external layer. Thus, due to the internal pressure P_i , an interface radial stress P_f is produced. Applying the theory, P_f can be calculated as follows [31]:

$$P_f = \frac{2P_i}{\left[\left(R_i^2 + 1 - v_i\right) + \frac{E_i}{E_o} \left(\left(R_i^2 - 1\right) \frac{R_o^2 + 1}{R_o^2 - 1} + v_o\right)\right]}$$
(1)

Where $R_i = \frac{b}{a}$ and $R_o = \frac{c}{a}$ are the diametric ratio of the internal and the external layers respectively.

However, the Young modulus of the silicone tube E_i (1-3 MPa) is very small compared to the composite Young modulus (at least 20 GPa). Thus, the ratio E_i/E_o tends to 0 and P_f can be simplified to the following expression:

$$P_f = \frac{2P_i}{(R_i^2 + 1 - v_i)}$$
(2)

Then, the maximum hoop stress and radial strain at the internal layer could be expressed in Eq. (3) and Eq. (4) according to Lame's equations as follows:

$$\sigma_{him} = \frac{P_i}{(R_i^2 - 1)} \left(1 + R_i^2 \right) - \frac{2P_i R_o^2}{R_i^2 - 1}$$
(3)

$$\epsilon_r = \frac{1}{E_i} \frac{(P_i - P_f R_i^2)(v_i - 1) + R_i^2(P_f - P_i)(v_i + 1)}{1 - R_i^2}$$
(4)

According to the simplification, the hoop stresses σ_{him} and the interference pressure P_f are independent of the outer layer material characteristics. It depends only on the thickness of the reinforcement.

5. Simulation Analysis

To apply the theory, a simulation study on three different types of silicone tubes: shore 70 silicone tube, shore 60 silicone tube and shore 50 silicone tube, has been carried out. For each category, the hoop stresses and the radial deformation are plotted against the internal diametric ratio R_i and the applied pressure P_i , for three different values of the design parameter R_0 : 1.5, 2 and 2.5. The applicable zones, which verify the acceptable strength and deformation of the silicone tube, are plotted in the red area for each category. The characteristics of the chosen silicone tubes for the case studies are mentioned in the Table 1.

Table 1

Different characteristics of the chosen silicone
tubes: Acceptable stress σ_{acc} (MPa), acceptable
deformation ϵ_{acc} (%), young modulus E _i (MPa)

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Silicone category	σ_{acc} (MPa)	ε _{acc} (%)	E _i (MPa)
shore 70	10	320	2.86
shore 60	8.9	429	1.6
shore 50	9.3	900	1.31

5.1 Stress Analysis

The following 3D graphs give the study of the internal hoop stresses σ_{him} as a function of the internal diametric ratio Ri and the applied pressure P_i. It is given for the 3 categories of the silicone tubes: shore 50, shore 60 and shore 70 silicone tubes represented respectively in figures Figure 4, Figure 5 and Figure 6. In addition, the 2D graphs represent the zone of acceptable values (in red) for the 3 types of silicone.



Fig. 4. 3D and 2D representations of the hoop stress σ_{him} variations for shore 50 silicone tube as a function of the internal diametric ratio R_i and the applied pressure P



Fig. 5. 3D and 2D representations of the hoop stress σ_{him} variations for shore 60 silicone tube as a function of the internal diametric ratio R_i and the applied pressure P_i



Fig. 6. 3D and 2D representations of the hoop stress σ_{him} variations for shore 70 silicone tube as a function of the internal diametric ratio R_i and the applied pressure P_i

According to the curves, the zone of the acceptable values of R_i and P_i increases when the outer diametric ratio R_o increases. For example, for P_i = 15 MPa, the R_i ranges from 1.8 to 2.4 for R_o=2.5 while it ranges from 1.7 to 2.2 for R_o=2, for shore 70 silicone tube. In addition, it is noticed that for R_o=2 and R_o=2.5, there is a zone of minimal hoop stresses, while it isn't the same for R_o=1.5. Thus, the outer diametric ratio R_o has an important impact on minimizing the internal hoop stresses σ_{him} regardless of the reinforcement material type. On the other hand, the acceptable zone slightly increases with the increase of the shore hardness of the silicone tube. For example, for shore hardness 60 silicone tube and at R_o=2.5, the internal diametric ratio R_i varies from 1.95 to 2.4 at an applied pressure P_i=15 MPa, while it slightly increases for shore 70 silicone tube, with a range from 1.8 to 2.5. This is because the three categories have approximately equal acceptable strength. Thus, the variation of the silicone material type has a slight impact on the area of the acceptable zones.

5.2 Deformation Analysis

The following 3D graphs give the study of the radial deformation ε_r as a function of the internal diametric ratio R_i and the applied pressure P_i . It is given for the 3 categories of the silicone tubes: shore 50, shore 60 and shore 70 silicone tubes represented respectively in Figure 7, Figure 8 and Figure 9. In addition, the 2D graphs represent the zone of acceptable values (in red) for the 3 types of silicone.



Fig. 7. 3D and 2D representations of the radial deformation ϵ_r variations for shore 50 silicone tube as a function of the internal diametric ratio R_i and the applied pressure P_i



Fig. 8. 3D and 2D representations of the radial deformation ε_r variations for shore 60 silicone tube as a function of the internal diametric ratio R_i and the applied pressure P_i



Fig. 9. 3D and 2D representations of the radial deformation ε_r variations for shore 70 silicone tube as a function of the internal diametric ratio R_i and the applied pressure P_i

According to the previous curves, the zone of the acceptable values of R_i and P_i doesn't change when the outer diametric ratio R_0 increases. for example, for $P_i = 12$ MPa, the R_i ranges from 1.5 to 1.75 for $R_0=2.5$, 2 and 1.5 while it ranges from 1.7 to 2.2 for $R_0=2$, for shore 60 silicone tube. Thus, the outer diametric ratio R_0 has no impact on minimizing the radial deformation ε_r regardless of the reinforcement material type. On the other hand, the acceptable zone increases with the decrease of the shore hardness of the silicone tube from 70 to 50. For example, for shore hardness 60 silicone tube and at $R_0=2.5$, the internal diametric ratio R_i varies from 1.5 to 1.75 at an applied pressure $P_i=12$ MPa, while it inherently increases for shore 50 silicone tube, with a range from 1.5 to 2.45. This is because the three categories have very different acceptable deformation before the break and Young modulus. Thus, the variation of the silicone material type has an important impact on the volume of the acceptable zones.

5.3 Finite Element Modelling

A 3D model of a multi-layer tube is built into simulation software to validate the theoretical results. A brick element for meshing is used, where the mesh size is 0.7 mm. The contact between the silicone and the reinforcement layers is rough solid-to-solid contact (Figure 10). The inner surface of the internal layer is subjected to discrete values of pressure P_i =50, 100, 150 and 200 bar. The model is tested for different dimensions of the silicone tube and the reinforcement tube and for three types of silicone material: shore 50, 60 and 70 silicone tubes. For all cases, the silicone tube inner diameter is chosen as r_i =1.5 mm.



Fig. 10. FEM model of the multi-layer tube

The following tables summarize the cases for which the stresses and the strains of the multi-layer are evaluated using the FEM; the evaluated stresses and strains are compared with those found by the theoretical results. Then, the error is calculated to estimate the confidence of the finite element model. The following 3 tables give the stresses and the strains for $R_0=1.5$, $R_i=1.5$, 2, 2.5 and for each material at different applied pressures.

According to these tables, the difference between the theoretical results and the finite element model method varies according to the case and to the calculated parameter (stress or strain). The average error in stress calculations is around 5% for R_i =1.5, 4% for R_i =2 and 6% for R_i =2.5. While for the strain calculations, the average error is 9% for R_i =1.5, 17% for R_i =2 and 4% for R_i =2.5. These results give an overall average of 5% error between the theoretical and the FEM values, which means that the theory is 95% coherent with the proposed model.

Table 2

Cases useu i													
Material	R _i =50			R _i =100	R _i =100			R _i =150			R _i =200		
	R _i =1.5	R _i =2	R _i =2.5	R _i =1.5	R _i =2	R _i =2.5	R _i =1.5	R _i =2	R _i =2.5	R _i =1.5	R _i =2	R _i =2.5	
3xShore70	R _o =1.5												
	R _o =2												
	R _o =2.5												
3xShore60	R _o =1.5												
	R _o =2												
	R _o =2.5												
3xShore50	R _o =1.5												
	R _o =2												
	R _o =2.5												

Cases used in the finite element model

Table 3

Evaluated stress σ_{him} (MPa) and strain ϵ_r (%) calculated by theoretical and FEM methods for internal diameter R_i =1.5

Material		P _i =50		P _i =100		P _i =150		P _i =200	
		σ_{him} (MPa)	ε _r (%)	σ _{him} (MPa)	ε _r (%)	σ_{him} (MPa)	ε _r (%)	σ _{him} (MPa)	ε _r (%)
2xShore70	theoretical FEM	0.83456	74	1.6427	148	2.376	222	3.186	296
		0.7966	80	1.607	162	2.40816	243.6	3.6	321
2xShore60	theoretical FEM	0.83456	143.5	1.6427	289.5	2.376	435	3.186	616
		0.7966	158	1.607	295	2.40816	454	3.6	574
2xShore50	theoretical FEM	0.83456	175	1.6427	354	2.376	523	3.186	701.3
		0.7966	195	1.607	390	2.40816	586	3.6	780

Table 4

Evaluated stress σ_{him} (MPa) and strain ϵ_r (%) calculated by theoretical and FEM methods for internal diameter R_i =2

Material		P _i =50		P _i =100		P _i =150		P _i =200	
		σ _{him} (MPa)	ε _r (%)						
2xShore70	theoretical FEM	5.226	118	10.41	328	15.46	359	20.65	478
		5.486	145	10.99	295	15.68	443	21.23	584
2xShore60	theoretical FEM	5.226	218	10.41	436	15.4	655	20.65	861
		5.48	261	10.99	526	15.68	792	21.23	1045
2xShore50	theoretical FEM	5.22	268	10.41	537	15.4	805	20.65	1073
		5.48	319	10.99	643.3	15.68	952	21.23	1276

Table 5

Evaluated stress σ_{him} (MPa) and strain ϵ_r (%) calculated by theoretical and FEM methods for internal diameter R_i =2.5

Material		P _i =50		P _i =100		P _i =150		P _i =200	
		σ_{him} (MPa)	ε _r (%)						
2xShore70	theoretical FEM	5.7	175	11.4	352	17.2	504	22.68	700
		6.1	165	11.95	331	18.22	496	24.4	728
2xShore60	theoretical FEM	5.7	312	11.4	630	17.2	945	22.68	1250
		6.1	293	11.95	593	18.22	910	24.4	1187
2xShore50	theoretical FEM	5.7	377	11.4	760	17.2	1144	22.68	1508
		6.1	365	11.95	729	18.22	1094	24.4	1458

6. Experimental Validation

To validate the new methodology and approve the obtained theoretical results, composite material samples are fabricated and tested under pressure. The chosen silicone tube is shore 60, with 4 mm internal diameter, 1-, 2- and 3-mm thickness, which gives an inner diametric ratio $R_i = 1.5$, 2 and 2.5 in correspondence with the carried out theoretical and FEM procedures. The added composite reinforcement layer is random carbon fibre mixed with epoxy with a fibre aspect ratio equal to 10 % and external diameter fixed to 15 mm, which gives an outer diametric ratio R_0 = 1.5, 2 and 2.5. Thus, the tested samples are shore 60 and milled carbon fibre/epoxy composites with three categories of dimensions: R_i , R_0 = 1.5, 2.5, R_i , R_0 = 2, 2 and R_i , R_0 = 2.5, 1.5 respectively. 5 samples are fabricated of each category.

To fabricate these samples, a mould containing three samples (1 of each category) is designed and fabricated using 3D-printed plastic. Then, three tubes of each category and connected to hydraulic adapters, are installed inside the mould. Then, milled carbon fibre/epoxy composite is added as a reinforcement layer (Figure 11a). To remove the voids from the moulded composites, the degassing chamber is used (Figure 11b). The resin filled with carbon fibre is placed inside the chamber at a vacuum -0.4 mbar for 15 min before it is added to the mould. Then, the moulded part with the composite is placed itself inside the chamber to make sure almost all the voids are eliminated.



Fig. 11. (a) FEM model of the multi-layer tube (b) Degassing chamber used for void removal

Each sample is then placed at a hydraulic test bench with chip-in oil pressure sensors, placed in a manifold block at the inlet and outlet of the servo-valve (Figure 12). The samples are tested under pressure levels lower than or equal to the already calculated maximum pressure from the theoretical results. For example, for a sample of R_i = 2 and R_o =2, the applied pressure levels are consecutively 20 bar, 40 bar and 80 bar for a maximum allowable pressure level of 140 bar.



Fig. 12. Installation of the samples in a test bench and schematic presentation of the testing procedure

Then, the test is carried out and the pressure is measured using pressure sensors integrated at the inlet/outlet of the hydraulic cylinder. The obtained results are summarized in Figure 13. According to these measurements, the highest recorded pressure at failure for type 1 samples (R_i =1.5, R_o =2) is 50 bar while the lowest recorded pressure is 35 bar, while for type 2 (R_i =2, R_o =2) the highest recorded pressure is 120 bar while the lowest recorded pressure is 90 bar, both at a working flow rate of 12 L/min. Finally, for type 3 samples (R_i = 1.5, R_o =2) the highest recorded pressure is 75 bar while the lowest recorded pressure samples. Consequently, the methodology is validated experimentally with a 90% average results coherence.



Fig. 13. Installation of the samples in a test bench and schematic presentation of the testing procedure

7. Conclusions and Future work

In this paper, a new methodology for fabricating hydraulic integrated mechanical components is presented and validated experimentally. The new methodology includes using silicon pipes for building the network of internal passages. Each network is built inside a 3D-printed mould which is designed accordingly. All the required hydraulic components are directly integrated into the printed mould. Then, a 3D-printed elbow is used to connect two perpendicular silicon pipes. A theoretical study is presented to define the design parameters and the working pressure at which the manufactured part can withstand. The design parameters that are studied are the internal diametric ratio Ri and the external diametric ratio Ro. The multi-layer theory is used where the internal layer is the silicone tube, while the external layer is a random fibre composite reinforcement. Next, a 3D model of a multilayer tube is built into FEM simulation software to verify the theoretical results. The obtained results give an overall average of 5% error between the theoretical and the FEM results. Additionally, these results are validated experimentally by hardware fabrication of 3 test samples, each of a different material category and they are tested in a hydraulic test bench with feedback pressure sensors. Hydraulic pressure is applied on these samples with a maximum allowable pressure of 140 bar and maximum flow of 12 L/min. The three samples were able to withstand the predefined applied pressure values. The experimental results are found to be as accurate as the theoretical model with 90% average results coherence.

Acknowledgement

This work is financially supported by the French company BIA- TURNKEY TEST SYSTEMS (BiA). The complete fieldwork has been done at the University of Versailles (UVSQ) - Paris Saclay, France.

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