



The Optimum Thickness of Rockwool as Roof Thermal Insulation: An Experimental and Numerical Study

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ABSTRACT

Now a days, the global warming has increased the temperature in the environment that forced the building occupant to get assisting from the air condition to reduce the heat tension inside the building, this could increase the electricity bill amount. The aim of this study is to measure the optimum thickness of Rockwool insulation to experimentally and numerically to reduce the heating load inside the buildings. Two devices have been used through this research, Infrared Thermometer to measure profile temperature of the walls along with VELOCICALC to measure the air temperature and air velocity. Three different layers of Rockwool insulation have been applied on the roof of wooden room. The data present the two layers thickness of Rockwool is the best selection to reduce the heating load inside the room, the differential between outside and inside is 0.9 °C, the Rockwool of one layer reduced only 0.5 °C and the maximum thickness with three layers reduced only 1 °C, which is not much effective compared to the two layers but even more costly. CFD analysis shows agreement with the experimental result. The results shows if the dimensions of a UCSI lecture room is to be considered, then applying Rockwool insulation with a thickness of 100 mm would cost around RM 1520 as a UCSI lecture room is of 8 m width and 9 m length. However, two layers of Rock wool insulation could save around 29.30% of ROI per annum.

1. Introduction

Energy is a major global issue because it has a direct impact on the environment and economic development. Since conventional fuels are scarce, conserving energy is an essential consideration. Malaysia is located near the equator, which means it is hot and humid most of the time, with a high average temperature Lim *et al.*, [1]. This led to the high usages of the air conditioning system to reduce the room temperature to comfort level. According to the study done by Kaynakli [2], the

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energy used for space heating and cooling accounts for about 60% of the total energy used in buildings in many countries, accounting for the largest proportion of energy consumption and accounting for approximately 40% of global energy demands.

The key principle of thermal insulation materials has been to reduce heat transfer from/to surfaces for a long time. An experimental study was done by Muhieldeen *et al.*, [3] in Malaysia showed the efficiency of Polyethylene Aluminum Single Bubble (PASB) as an insulator and achieved a 2.7 °C reduction. The majority of the study conducted by several authors is based on building insulation for heating and cooling as well as the thermal comfort inside the buildings [3-10]. Although the study conducted by Bahadori and Vuthaluru [11], Öztürk *et al.*, [12], Alawadhi [13], Chou [14], Kalyon and Sahin [15], Keçebaş *et al.*, [16], Wechsatoł *et al.*, [17], Zaki and Al-Turki [18], Kayfeci [19], Muhieldeen *et al.*, [20], and Muhieldeen *et al.*, [21] is concentrating on pipeline insulation due to the significant potential for energy savings. Though, the insulator with uniform thickness was used for most of the mentioned studies. Recent questions about energy conservation and knowledge of scarce energy supplies prompted Bolattürk [4] and Muhieldeen *et al.*, [22] to revisit the issue of thermal insulation.

According to an experimental report on energy use, almost 20% of energy in buildings is lost due to inefficient energy management. As a consequence, it can be resurrected by revising building energy management [23]. Thermal insulation is a significant contributor and a clear practical and logical first step toward achieving energy efficiency of the envelope-load in buildings located in harsh climatic conditions. The proper use of thermal insulation helps to reduce the amount of air conditioning used as well as the annual energy cost, and it also helps to extend the period of thermal comfort [24]. Increases in insulator thickness have a beneficial effect on heating load rather than cooling load, according to Lianying *et al.*, [25]. Asdrubali *et al.*, [26] carried out a review of potential commercial insulation products in 2015. Several studies discussed about the flow energy in different applications using CFD analysis, based on Salman *et al.*, [27], Francesca *et al.*, [28], Ng *et al.*, [29], Tey *et al.*, [30].

The present paper aims to find the optimum thickness for the effective thermal reduction with Rockwool as a roof insulator and compare it to the mathematical model developed by Mahlia *et al.*, [8]. Furthermore, the cost analysis to be conduct for the optimum thickness of the insulator and determine the energy saving.

2. Methodology

2.1 Room Design

A prototype of a wooden room model with a volume of 1 m³ was fabricated. The prototype has four walls and roof, while the floor has been left it open to allow for air ventilation. The prototype being elevated with a stand. The front wall has a small opening for the temperature probe to measure the inner wall temperature. Rockwool insulator of different thicknesses to be installed on the wooden room's roof. The temperature of the wooden room's walls and its interior have been recorded. The temperature data were analyzed to determine the ideal thickness. These temperature readings were also used as inputs for simulations with SolidWorks software. The Rockwool insulator is supplied in layers, each with a thickness of 50 mm, as per industry requirements, and the layers would be put on the roof of the wooden room to assess the Rockwool's effect on the room's temperature. The wooden prototype for the current study was made out of Balsa wood. Table 1 are the specifications of the Balsa wood [31].

Table 1
Balsa wood specifications [31]

Property	Value	Units
Thermal Conductivity	0.050	W/(m.K)
Specific heat	1.420	kJ/kg.K
Density	178	kg/m ³
Elastic Modulus	0.175	GPa
Poisson ratio	0.290	-

As shown in Figure 1 below, the Rockwool has 6 layers per pack and each layer with 50 mm thickness. The dimension of each pack is 1.2 m × 0.6 m as per industry standard. It could be then cut into the desired dimension as per the roof size. Extra caution is required when handling the Rockwool insulator as it is hazardous. Gloves and mask must be worn while handling the Rockwool insulator. The Rockwool's thermal properties for this study is in Table 2.



Fig. 1. Rockwool packed with 6 layers and thickness of 50 mm per layer

Table 2
Rockwool's thermal properties [32]

Specifications	Values
Density (kg/m ³)	120.0
Cp (J/kg.k)	840.0
Thermal Conductivity, k (w/m.k)	0.045

The total thermal energy conducted thru the wooden room via the insulated roof is the key values required for the aim of this project. The ambient temperature, air velocity, and temperature of the walls were all determined. The data of ambient temperature, air velocity, and temperature of the walls were recorded from 10 a.m. to 3 p.m. which the interval of the peak hours. The wooden room model was exposed to the sun for the majority of the day, with dimensions of (1.2 m height × 0.9 m length × 0.9 m width) and the roof with Rockwool insulation as shown in Figure 2.

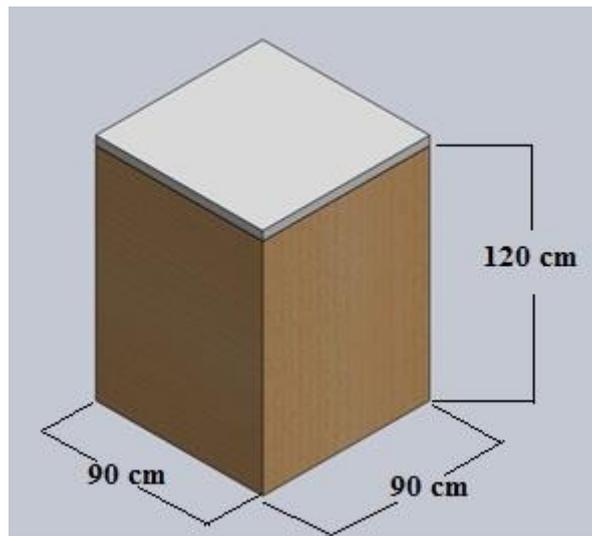


Fig. 2. Wooden room dimensions with on layer of Rockwool insulation

The measurement instruments used in this project are the TSI VELOCICALC multi-function ventilation meter and infrared thermometer. Figure 3 and Figure 4 show the TSI VELOCICALC meter and Infrared thermometer, respectively. These instruments deployed to measures the inner and outer air temperature, inner and outer air velocity of the wooden room model, between 10 a.m. to 3 p.m. The TSI VELOCICALC meter used to measures inner and outer air temperatures and inner and outer air velocity, while the infrared thermometer used to measure the temperature profile.



Fig. 3. TSI VELOCICALC Meter



Fig. 4. Infrared Thermometer

2.2 CFD Modelling

ANSYS software have been used through to model and simulate the room. The room has meshed using Hex/Wedge, and the spacing was given as 0.07 as shown in Figure 5. Therefore, defined the boundary condition of the walls, roof, and insulation as solid and room space as fluid.

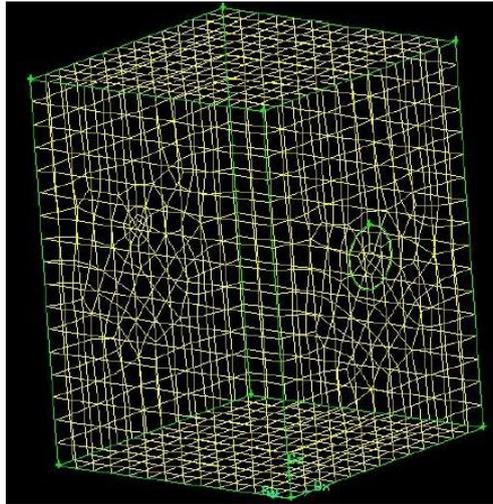


Fig. 5. Three dimensions view of mesh

ANSYS Fluent has been used to simulate the temperature distribution inside the room by applying all the data of the boundary condition. For the boundary conditions, the calculations for each heat flux have been calculated depending on the temperatures of the walls found in the experiment conducted on the prototype. Where the heat flux values of each wall as well as the thickness of the walls which remained 0.006 m except for the roof thickness that changed to 0.056 m due to the addition of the first Rockwool layer. Roof thickness changed to 0.106 m for the layer 2 test as the second Rockwool layer was added. And for the last test, the roof thickness was set to 0.156 m as the third and last Rockwool layer was placed on the top.

The controlling equations for this study are energy, three-dimensional 3D continuity and heat transfer equations of steady-state flow. These equations were used in the CFD program to compute the pressure drop and heat transfer, using finite volume methods and ANSYS Fluent. The first iteration starts with the initially stipulated solution and compares the results against the previous values to make a decision on the collection of values for the next iteration. This procedure is continued until a converged of the solution is declared. The solution arrives to convergence after approximately 700 iterations, as displayed in Figure 6.

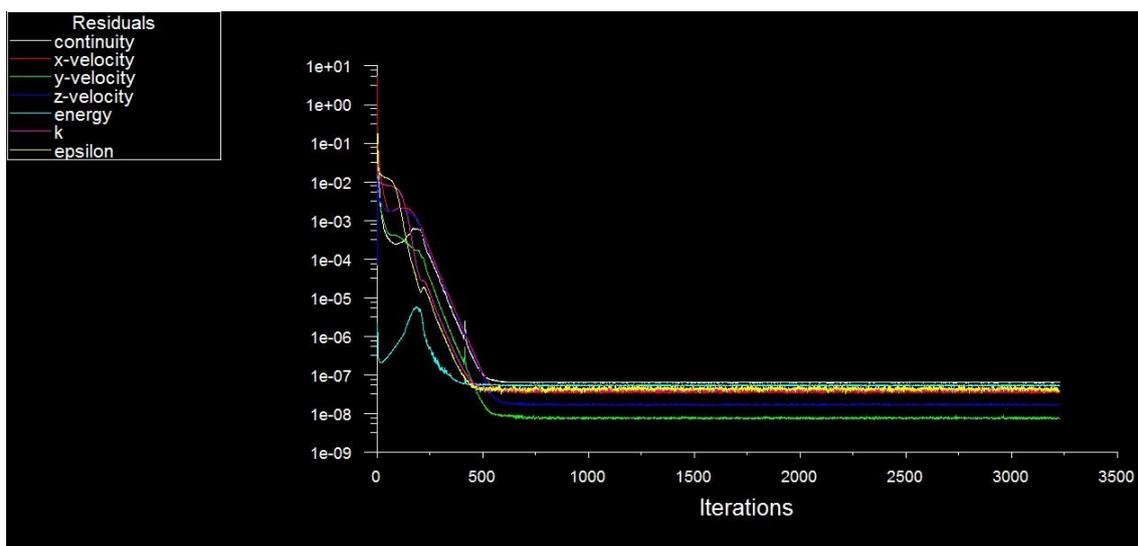


Fig. 6. Convergence history

3. Results and Discussion

3.1 Field Result

This experiment aims to see how effective Rockwool insulation is at lowering building temperatures. A prototype of a wooden room model was built to accomplish this goal, with the measurements based on the size of the Rockwool insulator layer that would be applied to the roof. This experiment used three different Rockwool insulation thicknesses of 50 mm, 100 mm, and 150 mm, with experimental results obtained for both with and without Rockwool insulator. Air velocity, air temperature, and wall temperature were measured for a total of 20 days.

The temperature distribution results for case 1 to 3 which the roof with three different Rockwool insulation thicknesses of 50 mm, 100 mm, and 150 mm presented in Figure 7 to Figure 9, respectively. The average inner and outer air temperature of the wooden room from the experiments for case 1 with one layer of Rockwool (50 mm thickness) has been recorded and plotted in Figure 7. As observed from Figure 7, the highest average temperature for the inner and outer room are 35.4 °C and 34.9 °C at 1 p.m., respectively. This showed the effect of temperature decreased by 0.5 °C for one layer of 50 mm Rockwool insulator.

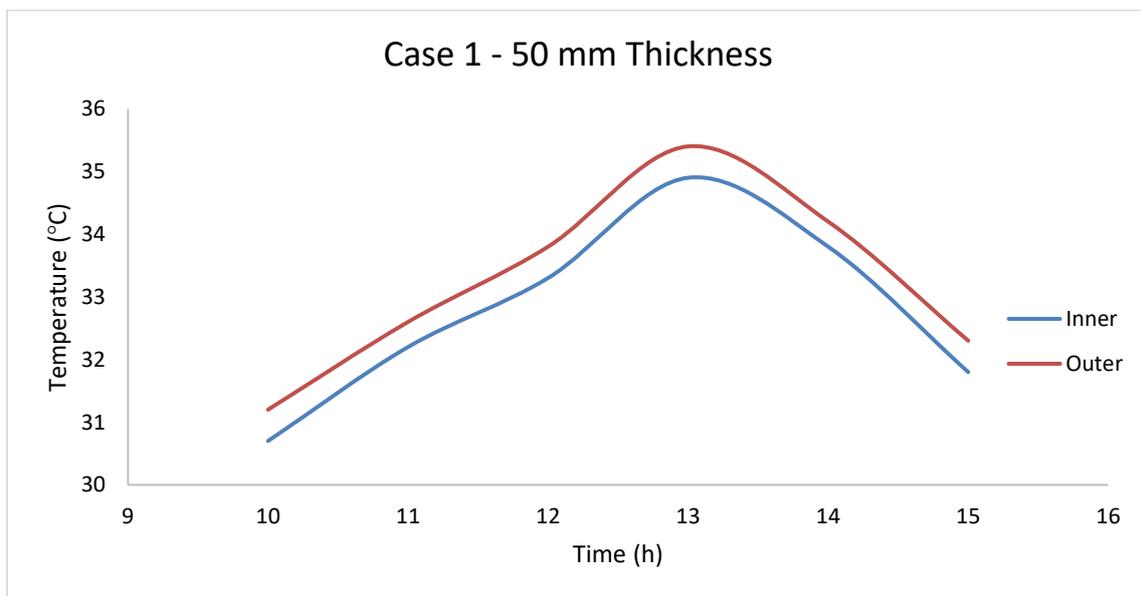


Fig. 7. Temperature Distribution Inside and Outside the Room with Single Layer of Rockwool Insulation

The average inner and outer air temperature of the wooden room from the experiments for case 2 with two layers of Rockwool (total of 100 mm thickness) has been recorded and plotted in Figure 8. As observed from Figure 8, the highest average temperature for the inner and outer room are 34.5 °C and 35.4 °C at 1 p.m., respectively. This showed the effect of temperature decreased by 0.9 °C for two layers of Rockwool insulator with a total 100 mm thickness. Also, it reveals that, two layers of Rockwool insulator provide 80% more effectiveness in term of temperature reduction as compared to one layer of Rockwool.

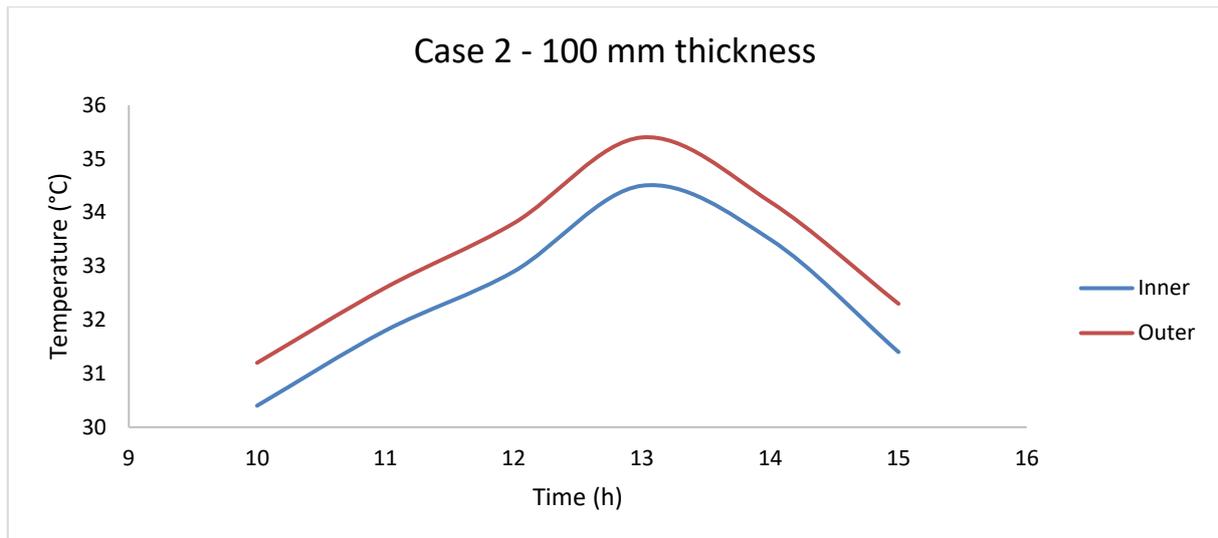


Fig. 8. Temperature Distribution Inside and Outside the Room with Two Layers of Rockwool Insulation

The average inner and outer air temperature of the wooden room from the experiments for case 3 with three layers of Rockwool (total of 150 mm thickness) has been recorded and plotted in Figure 9. As observed from Figure 9, the highest average temperature for the inner and outer room are 34.4 °C and 35.4 °C at 1 p.m., respectively. This showed the effect of temperature decreased by 1.0 °C for three layers of Rockwool insulator with a total 150 mm thickness. If compared to case 2, it showed that three layers of Rockwool insulator provide 11% more effectiveness in term of temperature reduction as compared to two layers of Rockwool, which is a marginal improvement only.

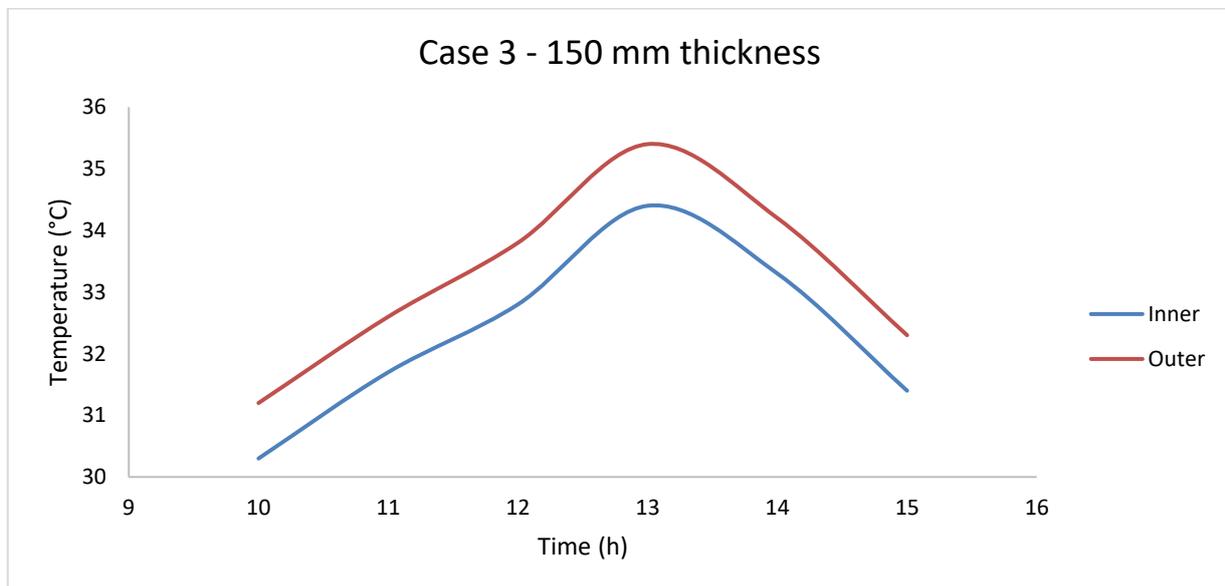


Fig. 9. Temperature Distribution Inside and Outside the Room with three layers of Rockwool Insulation

According to the findings, Rockwool insulation with a thickness of 100 mm had the best temperature control and cost savings, while the 50 mm thickness was inefficient, and the 150 mm thickness decreased the temperature marginally but not significantly compared to the 100 mm thickness layer while costing more, which was not worth it.

3.2 CFD Analysis

3.2.1 Simulation result without insulation

The heat flux values that were inserted for the simulation results were obtained from the calculations in the experimental results. Figure 10 shows the temperature distribution along the walls of the room and the roof without applying any insulation layer. The area in dark blue resembles the lowest temperature along the walls while it increases as the areas goes from light blue to green. The lowest temperature which is at the bottom of the room is at 31.6 °C while it increases up to 70 °C as it goes to the green area.

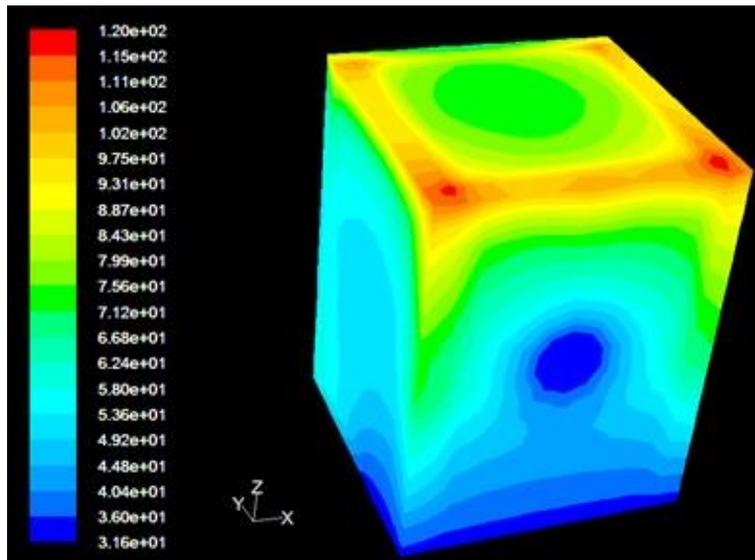


Fig. 10. Outer wall temperature distribution without insulation

While Figure 11 shows the temperature distribution in the inside of the room through the inner plane. The temperature inside is 31.6 °C in almost the whole room except for a small area close to the roof where it goes to around 36 °C.

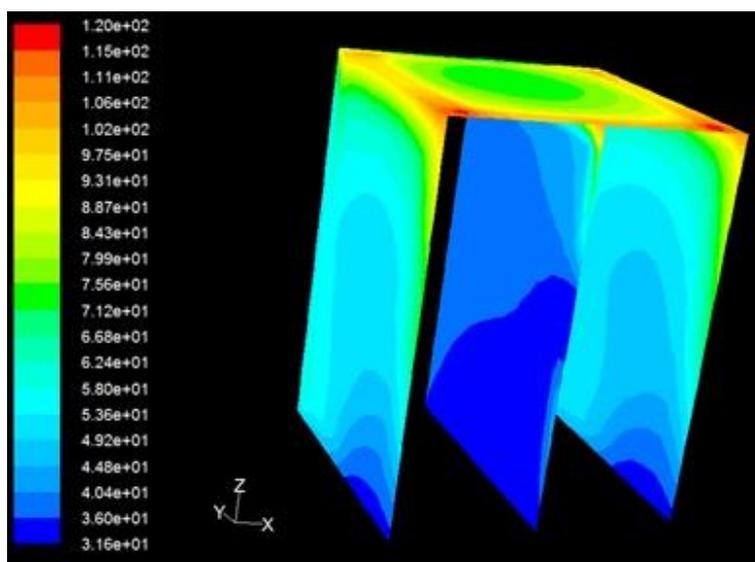


Fig. 11. Inner room temperature distribution without insulation

3.2.2 Simulation result with one layer of insulation

Figure 12 shows the simulation results for the room after applying one layer of Rockwool. The figure shows that the temperature of the walls where the area is in dark blue is at 32.2 °C where the outside temperature was 32.7 °C, and as the areas go from dark blue to light blue across the walls the temperature reaches up to 53 °C and that is only close to the roof. This means that the one layer of Rockwool affected in increasing the dark blue area that represents the lowest temperature which is 32.2 °C as shown from the bottom of the room except for area close to the roof compared to the simulation results for the without insulation test that showed a small portion of the dark blue area from the bottom of the room.

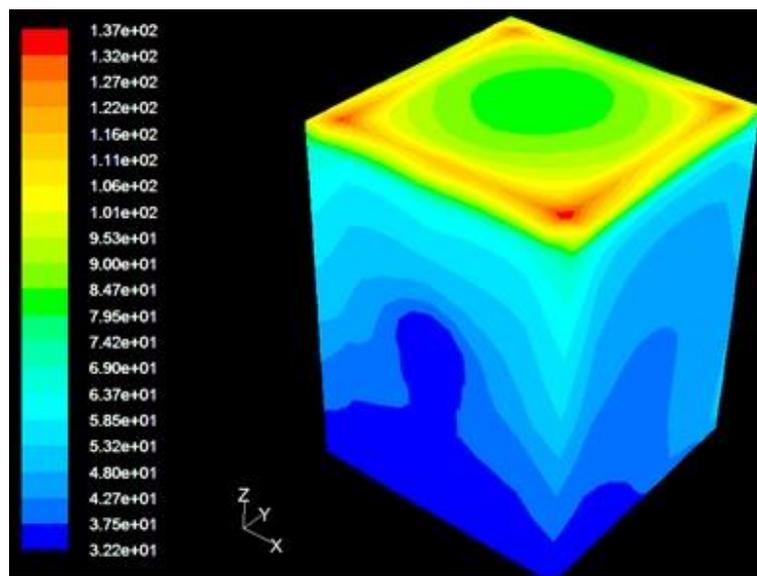


Fig. 12. Outer wall temperature distribution with one layer

Figure 13 shows the inner room temperature through the inner plane, and as it is shown the inner plane is mostly in dark blue colour which means that most of temperature inside the room is at 32.2 °C and as the area gets closer to the roof the temperature does not reach more than 37 °C to take the fact that the room did not have any cooling system and was placed under the sun.

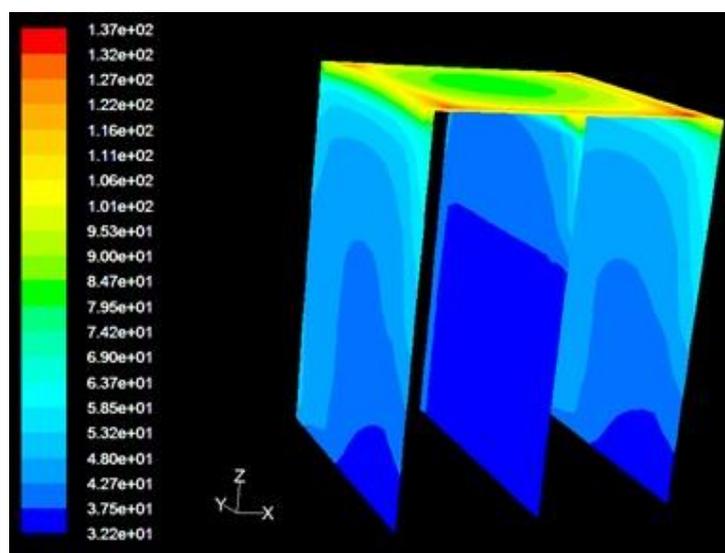


Fig. 13. Inner room temperature distribution with one layer

3.2.3 Simulation result with two layers of insulation

Figure 14 shows the simulation results for the test conducted by applying the two layers of Rockwool insulation which gave a total of 100mm thickness. The results show that the darker blue regions are increasing compared to the test that included applying only one Rockwool layer as the lowest temperature represented by the dark blue colour is 32.4 °C.

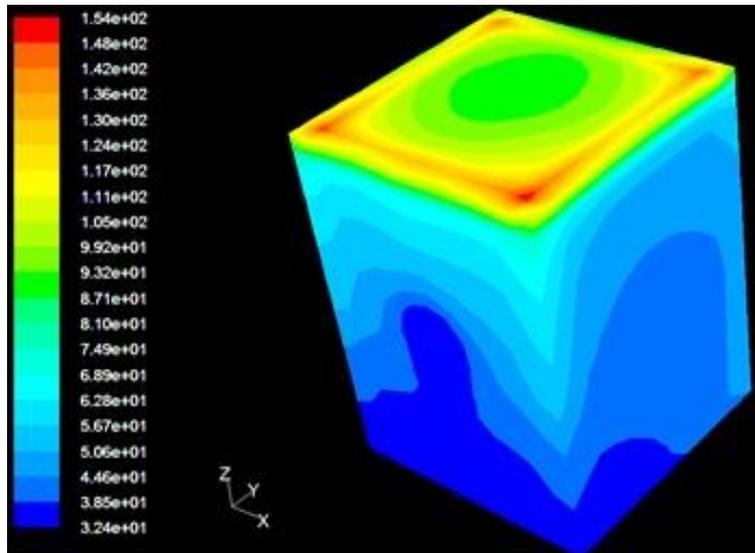


Fig. 14. Outer walls temperature distribution with two layers

Figure 15 shows the simulation results of the inner plane representing the inner room temperature where the temperature represented in dark blue is covering most of the plane with a temperature of 32.4 °C.

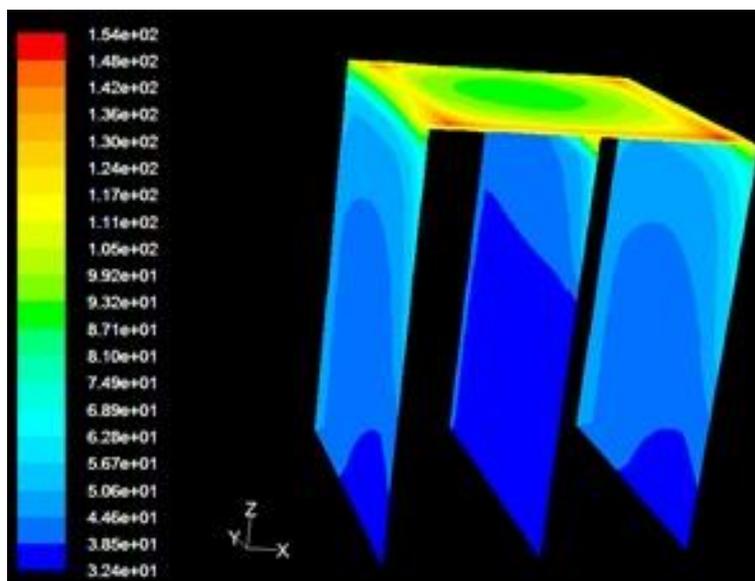


Fig. 15. Inner room temperature distribution with two layers

3.2.4 Simulation result with three layers of insulation

Figure 16 shows the simulation results of the last test that included applying all 3 layers of Rockwool with a thickness of 150 mm. The figure shows that the dark blue region that represents the lowest temperature which is at 32.6 °C. The dark blue region is covering a wide range of the walls area compared to the test that included applying only one Rockwool layer but not a significant difference compared to the test that included applying two layers with 100 mm thickness.

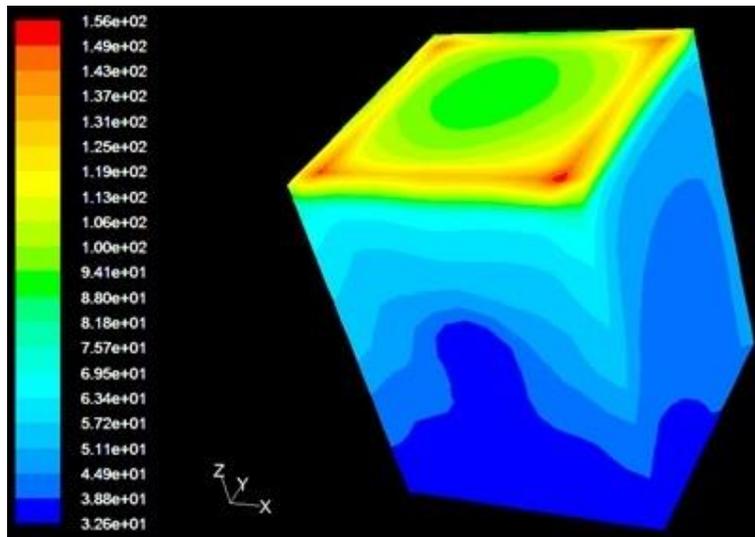


Fig. 16. Outer walls temperature distribution with 3 layers

While Figure 17 shows the inner room temperature across the inner plane, as it is shown the temperature is at 34.6 °C as presented by the dark blue region across the plane in a wide range and the temperature increases a bit as it goes closer to the roof as shown by the light blue region.

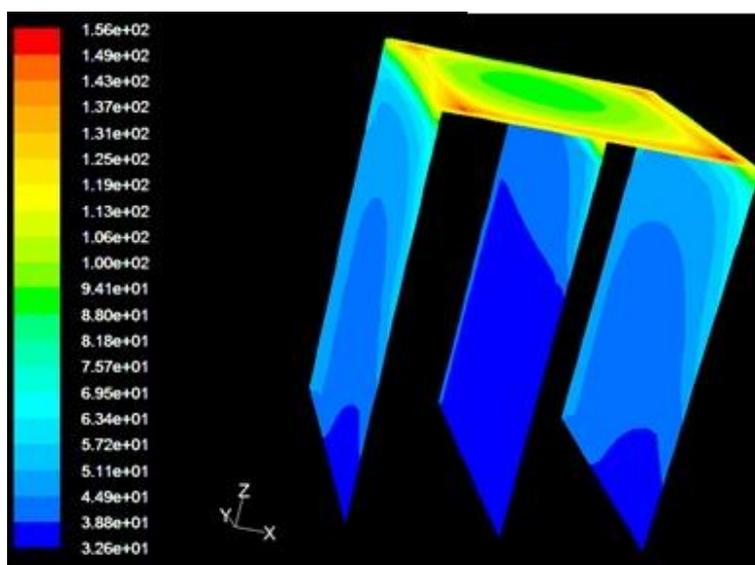


Fig. 17. Inner room temperature distribution with 3 layers

3.3 Experimental and Numerical Validation Results

The validation between the numerical and experimental results is shown in Figure 18. The figure shows the temperature inside the room with insulation from the measured and simulated results and it also shows that the numerical results concur with the experimental ones. The error between the experimental measurements and the CFD result is very small, which is between 0.002% – 0.0055%.

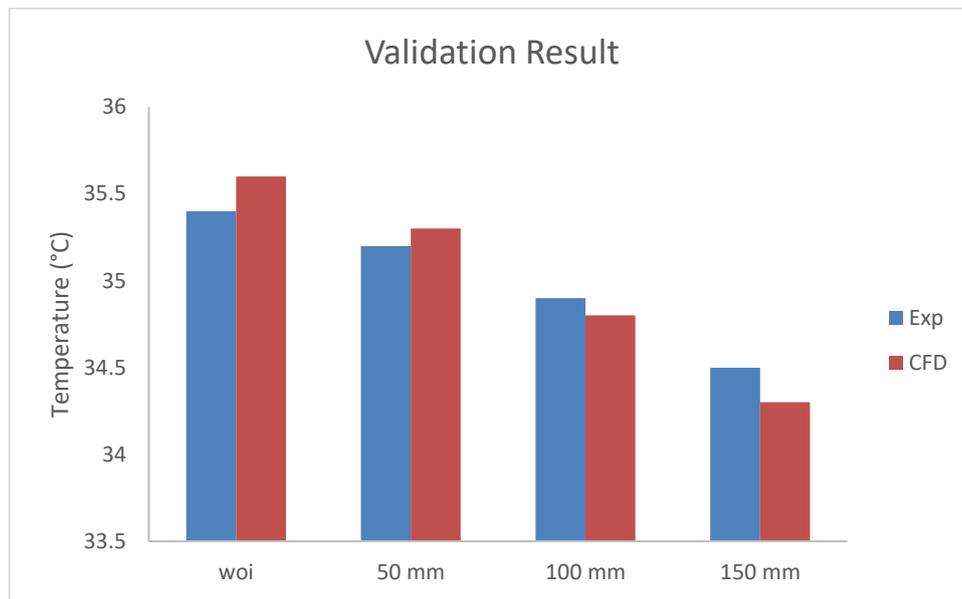


Fig. 18. Validation result between experimental and CFD result

3.4 The Comparison Result of Different Thickness of Insulation

According to the simulation results, applying two layers of Rockwool with a maximum thickness of 100mm gives the best results in terms of lowering the inner room temperature and saving money, as it reduced the temperature by 2.31% compared to the test that included just one layer of Rockwool with a thickness of 50mm, which only reduced the temperature by 1.49%.

A polynomial function based on Eq. (1) was provided to find the optimum thickness of insulating material in a study conducted by Mahlia *et al.*, [8] on thicknesses of insulation materials.

$$x_{opt} = a + bk + ck^2 \quad (1)$$

where $a = 0.0818$, $b = -2.973$, and $c = 64.6$ & $k =$ thermal conductivity of insulator.

Eq. (2) shown the calculation for the optimum thickness of the Rockwool insulator.

$$x_{opt} = 0.0818 + (-2.973)(0.045) + (64.6)(0.045)^2 \quad (2) = 0.078 \text{ m} = 78.8 \text{ mm}$$

This shows that Rockwool with total thickness of 100 mm is better than 50 mm and 150 mm. Although the temperature reduction of 150 mm is marginally better than 100 mm, but the cost of 100 mm is much more economic than 150 mm.

3.5 Power Consumption Analysis

Table 3 shows the monthly power consumption reduction for Rockwool insulation. The power consumption was calculated by assuming the air condition units operate for 10 hours a day and there is 30 days in a month. The results show that the application of Rockwool insulation with 150 mm gave the highest power consumption reduction followed by 100 mm and 50 mm as justified by the temperature reduction. However, as the calculation shows the 100 mm is efficient to be used in this study, therefore, two layers of insulation has been chosen in this analysis.

Table 3
Energy consumption

Method	Monthly power consumption (kWh)	Monthly power reduction (kWh)	Percentage monthly power reduction (%)
Without insulation	432	-	-
One layer	360	71	19.7
Two layers	324	95	29.3
Three layers	305	102	33.4

The electricity cost was calculated based on the electricity tariff by Tenaga Nasional Berhad. The first 200kWh was 21.80 cent/kWh per month, for the next 100kWh was 33.4 cent/kWh per month. The calculated electricity cost was tabulated in Table 4 of the real room. The results show that by applying Rockwool insulation with two layers could save the electricity cost the most while one layer insulation has the least electricity cost saved. This is due to 100 mm has the efficient power reduction comparing with other layers.

Table 4
Monthly electricity cost saving of the real room

Method	Monthly power consumption (kWh)	Monthly Electricity cost (RM)	Monthly saving (RM)	Percentage monthly saving (%)
Without insulation	432	241.93	-	-
One layer	360	201.17	40.74	20.25
Two layers	324	186.43	54.27	29.17
Three layers	305	173.62	61.34	35.33

4. Conclusions

The study's objective was to measure air temperature and air velocity inside an insulated room as input parameters for a CFD program. Three different layers of Rockwool insulation with three different thicknesses were applied on top of the roof of a prototype wooden room. Among the three different thicknesses we can conclude by the results given from ANSYS Fluent that the Rockwool layer with thickness 100 mm is more worthy of using than the 50 mm thickness layer or the 150 mm thickness layer. The objectives of this project were met, the student understands the use of CFD whether the use of ANSYS Fluent to model and analyse. The best results achieved from the thermal analysis for the Rockwool layer (100 mm thickness) was 0.9 °C difference between outside temperature and inner room temperature for an approximate cost of RM 19 compared to the results given by the Rockwool layer (50 mm thickness) which reduced 0.5 °C for an approximate cost of RM 9.5 and to the Rockwool layer (150 mm thickness) which reduced 1 °C for an approximate cost of RM 8. Therefore, if the dimensions of a UCSI lecture room is to be considered, then applying Rockwool

insulation with a thickness of 100mm would cost around RM 1520 as a UCSI lecture room is of 8 m width and 9 m length. However, two layers of Rock wool insulation could save around 29.17% of ROI per annum.

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