



## Semarak International Journal of Applied Sciences and Engineering Technology

Journal homepage:

<https://semarakilmu.com.my/journals/index.php/sijaset/index>

ISSN: 3030-5314



# Decoding ChatGPT: Basis Premier to get insight into Conversational Artificial Intelligence

Faerozh Madli<sup>1</sup>, Yuzainy Janin<sup>1,\*</sup>, Mat Salleh @ Salleh Wahab<sup>1,^</sup>, Stephen Laison Sondoh<sup>1</sup>, Suddin Lada<sup>1</sup>, Shaierah Gulabdin<sup>1</sup>, Ag Kaifah Riyard Kiflee<sup>1</sup>, Charlie Albert Lasuin<sup>1</sup>

<sup>1</sup> Fakutli Perniagaan, Ekonomi dan Perakaunan, Universiti Malaysia Sabah, Sabah, Malaysia

### ARTICLE INFO

#### Article history:

Received 21 June 2024

Received in revised form 21 July 2024

Accepted 21 August 2024

Available online 19 September 2024

#### Keywords:

Artificial Intelligence; ChatGPT;  
fundamental of artificial intelligence

### ABSTRACT

The contemporary landscape witnesses a rapid evolution in the utilization of Artificial Intelligence (AI), observable across diverse sectors and industries. One of the most widely recognized AI technologies is ChatGPT. Like other AI-based technologies, ChatGPT is extensively used in various applications at both individual and organizational levels. However, what is concerning is the trend of using ChatGPT technology without understanding its fundamentals. Therefore, this study focuses on unravelling the basic knowledge of this highly advanced platform, ChatGPT. The findings of this study are benefiting many parties, especially individuals interested in using this platform. These benefits are not only limited to the community but also contribute to the body of knowledge by providing insights into the fundamental aspects of this platform. The study's positive outcomes will contribute to forming a community layer with a deeper understanding of ChatGPT and improved readiness prior to its utilization.

## 1. Introduction

In today's rapid development of digital world, Artificial Intelligence (AI) is influencing many aspects of our daily lives, such as how we shop, use media, and communicate [1]. Its applications provide numerous positive impacts for users, including offering more comprehensive information and assisting in data analysis [2]. Examining AI, the concept or technology of AI is very broad, with one of its facets being conversational AI [1]. AI in this context, conversational AI, refers to a field dedicated to revolutionizing human-computer interaction by enabling machines to understand and respond to natural language [1]. This model communicates using advancements in computer learning, particularly in the domain of natural language processing (NLP). NLP allows computers to

\* Corresponding author.

E-mail address: [zayy@ums.edu.my](mailto:zayy@ums.edu.my)

^ Corresponding author.

E-mail address: [sallehwhb@ums.edu.my](mailto:sallehwhb@ums.edu.my)

<https://doi.org/10.37934/sijaset.3.1.2937>

interpret and generate human language, opening up new possibilities for interaction and engagement [3].

Conversational AI systems, commonly known as chatbots or virtual assistants, have become integral parts of our digital ecosystem [4]. These systems seamlessly integrate into various applications and services. They are designed to mimic human conversation, allowing users to interact with technology in a more intuitive and conversational way [4]. There are many applications, ranging from answering customer queries and providing personalized recommendations to facilitating online transactions. Conversational AI has democratized access to information and services, directly enhancing user experience and efficiency [5].

The evolution of Conversational AI has been fueled by advancements in a technology called machine learning specifically in the context of deep learning [4]. Deep learning techniques is inspired by the structure and function of the human brain which enable machines to automatically learn representations of data [5]. This ability leads to a more nuanced understanding and generation of human language [6]. By harnessing vast amounts of data and computational power, deep learning algorithms have revolutionized the capabilities of Conversational AI systems which enabling them to understand context, infer intent, and generate contextually relevant responses. Conversational AI has not only transformed how we interact with technology but has also catalyzed innovation across various industries [1]. Many industries, such as healthcare, education, finance, and entertainment, benefit from these applications. Each industry experiences results tailored to its specific characteristics. For example, interactive storytelling platforms powered by Conversational AI enable immersive and personalized narratives, directly enriching the entertainment experience [7].

However, despite the many positive effects of AI, a concerning trend persists of many individuals do not truly understand the concept of AI [8]. This lack of understanding leads to various worrying issues, including the unethical use of AI [8]. Additionally, this issue becomes more serious when AI is used for official purposes or involves significant matters like company data analysis [9]. Furthermore, this lack of understanding is often recorded among those who do not grasp complex computer concepts [8]. Therefore, to address this issue, this study focuses on discussing AI, particularly ChatGPT and directly will fundamentally to bridge the knowledge gap. This study uses a review of previous articles to build a discussion on the research topic.

## **2. What is ChatGPT?**

The previous discussion focused on conversational AI, which is directly related to the ChatGPT platform. ChatGPT is one of the most popular AI platforms used worldwide [10]. The name "ChatGPT" stands for "Chat Generative Pre-trained Transformer". ChatGPT is a cutting-edge language model developed by OpenAI [11]. OpenAI, a company based in San Francisco, California, United States, released ChatGPT in June 2018. This platform is a highly advanced technology based on natural language processing (NLP). Its foundation lies in deep learning techniques, particularly transformer-based architectures, which have revolutionized the way computers process and generate language [7].

Built upon a foundation of cutting-edge deep learning methodologies, ChatGPT harnesses the power of transformer-based architectures to decode and interpret the complex tones of human language [11]. Unlike traditional rule-based chatbots that follow predefined scripts or templates, ChatGPT adopts a data-driven approach, learning directly from vast amounts of text data. This mass amount of data encompasses a diverse array of sources, including books, articles, social media posts, and internet discussions [10]. By analyzing this extensive dataset, ChatGPT learns to recognize patterns, understand context, and generate responses that are contextually relevant and

grammatically correct [12]. These transformer models are distinguished by their attention mechanisms and self-supervised learning frameworks. These innovations have directly transformed the landscape of Natural Language Processing (NLP). They enable computers to process and generate text with unparalleled accuracy and fluency. ChatGPT, in particular, goes beyond conventional linguistic barriers by leveraging the structured nature of language and capturing long-range dependencies. This breakthrough paves the way for more immersive and natural human-computer interactions [12].

ChatGPT's architecture or design is built around multiple layers of neural networks [11]. Each of these layers has a unique task which is processing and transforming input data to generate coherent and contextually appropriate text. [11]. At the core of its functionality lies the use of self-attention mechanisms, which enable the model to focus on relevant segments of the input text while generating responses. This attention mechanism empowers ChatGPT to capture intricate language nuances and long-range dependencies and directly resulting in more precise and contextually relevant responses [7].

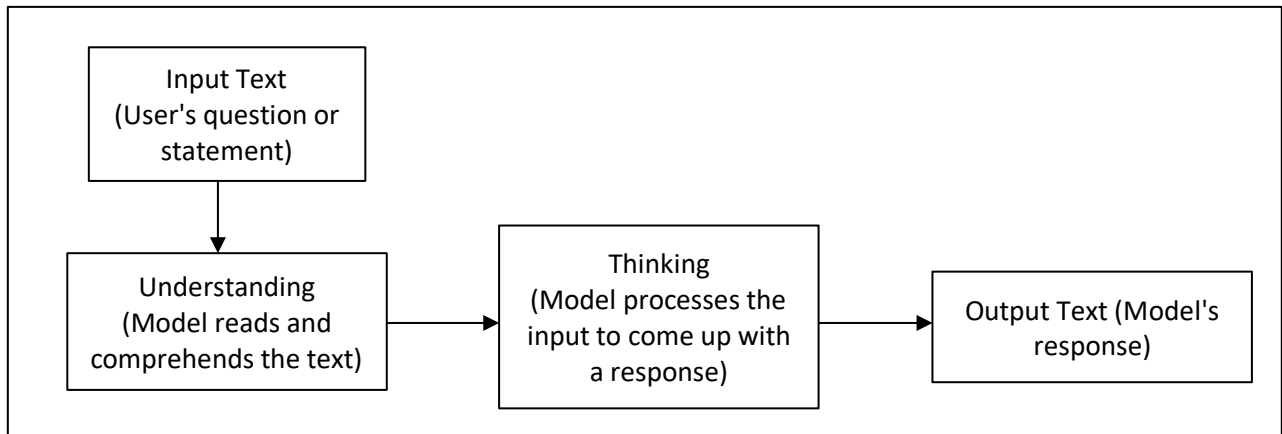
Moreover, ChatGPT represents the peak of extensive research and innovation in the field of Artificial Intelligence [10,11]. AI technology is drawing upon vast textual data to refine its language understanding capabilities [11]. Through comprehensive pre-training on diverse datasets, ChatGPT learns to discern context, infer meaning, and generate responses with a remarkable level of coherence and relevance. Its seamless adaptation to various conversational contexts and domains underscores its versatility which is making it a potent tool in the AI-driven application arsenal [7]. Furthermore, the development of ChatGPT marks a shift towards more data-driven and empirically grounded approaches to language understanding. Unlike rule-based systems reliant on handcrafted heuristics and predefined templates, ChatGPT learns directly from raw textual data. This data-centric approach enhances the model's robustness and scalability whereby facilitating continual evolution and improvement over time as it encounters new linguistic patterns and phenomena [12].

ChatGPT utilizes a methodology referred to as fine-tuning, which entails additional training of the model on particular tasks or domains to improve its effectiveness in specified applications [11]. This adaptability allows ChatGPT to accommodate various scenarios, including customer service chatbots, language translation tools, and creative writing aids, with minimal modifications to its structure. Through fine-tuning on data specific to a domain, ChatGPT can customize its responses to better align with the requirements and inclinations of users within that particular domain [7]. The discussion above explains what ChatGPT is and its relation to artificial intelligence. The next section will discuss how ChatGPT works.

### **3. How Does ChatGPT Work?**

ChatGPT operates on a complex architecture carefully designed to understand and generate human-like text. Essentially, ChatGPT uses advanced deep learning techniques that enable it to process and generate language with impressive accuracy and fluency [7]. Deep learning refers to a type of artificial intelligence (AI) technique that allows computers to learn from large amounts of data [6]. Just like how we learn from examples, such as recognizing different animals by looking at pictures of them, deep learning algorithms learn to recognize patterns in data. At its core, ChatGPT relies on their self-attention mechanism which refer a key feature in transformer-based architectures [11]. The architectures are as discussed above refer to the overall design and structure of an AI system, including how its components are organized and interact to perform tasks and solve problems. This architecture is illustrated in Figure 1 below, as discussed by researchers [7] and [12]. These mechanisms help the model focus on important parts of the input text when generating

responses [10]. This means it can give more weight to certain words or phrases depending on their context. By using this attention mechanism, ChatGPT can understand subtle language nuances and connections between words, resulting in responses that are not only accurate but also contextually appropriate [7].



**Fig 1.** ChatGPT architectures

To learn and understand text, ChatGPT goes through a process called pre-training [11]. During pre-training, the model is exposed to large amounts of text data and this is allowing it to recognize patterns and associations. This learning phase is crucial for fine-tuning the model's language understanding abilities and directly ensuring it can produce coherent responses across different topics and conversations [12]. Additionally, ChatGPT employs a technique known as fine-tuning to improve its performance in specific tasks or domains [13]. This involves further training the model on data that is specific to the task at hand. By doing this, ChatGPT can adjust its language abilities to better match the requirements of the task or domain. Fine-tuning on domain-specific data allows ChatGPT to provide responses that are more relevant and useful to users within that particular domain [7].

ChatGPT's impressive performance stems not only from its advanced architecture and training methods but also from its profound understanding of the intricate structures of human language [11]. Through extensive exposure to diverse textual data during pre-training, ChatGPT learns to encode and represent language nuances such as grammar rules, idiomatic expressions, and semantic relationships [14]. This deep linguistic knowledge empowers ChatGPT to produce responses that are not just contextually relevant but also linguistically precise, mirroring human-like fluency [7]. Furthermore, ChatGPT's capacity for incremental learning and adaptation contributes to its ability to generate coherent and contextually appropriate responses. Through its interactions with users and reception of feedback, ChatGPT consistently enhances its grasp of language and adjusts its responses to align with user expectations and preferences as time progresses [12].

Additionally, ChatGPT's success in understanding and generating human-like text is rooted in its ability to handle uncertainty and ambiguity inherent in language [14]. Unlike rule-based systems, ChatGPT embraces the probabilistic nature of language which employing stochastic sampling techniques to generate diverse and creative responses. Rule-based systems means that A rule-based system for AI makes decisions by following a set of predefined "if-then" rules, where each rule specifies an action to take when certain conditions are met and directly enabling the system to solve problems or make choices based on the input it receives [15]. By exploring various possible continuations of a conversation and selecting the most likely ones based on learned probabilities, ChatGPT enriches the conversational experience for users [7]. Moreover, ChatGPT's attention to

context and conversational history enhances its effectiveness in generating contextually relevant responses. Through its self-attention mechanisms, ChatGPT evaluates the significance of words and phrases within the ongoing conversation in order ensuring coherence and relevance across multiple dialogue turns. This contextual awareness enables ChatGPT to grasp implicit cues and references which will fostering more engaging and natural interactions with users [12]. The previous discussion centered on how ChatGPT functions, but the question now is how this platform is used in daily life. Therefore, the next section will explore the applications of ChatGPT in everyday activities.

#### **4. ChatGPT in Everyday Life**

ChatGPT with its advanced natural language processing abilities makes it has seamlessly integrated into various facets of our daily routines [11,14]. This platform will provide unmatched convenience and assistance across numerous scenarios. One of its most widespread applications is in virtual assistants and customer service chatbots where these AI-driven systems leverage ChatGPT's power to give users with immediate responses to queries which aid with tasks and offer personalized recommendations [14]. Whether it involves checking the weather forecast with a virtual assistant, troubleshooting technical issues via a customer service chatbot, or arranging appointments, ChatGPT enhances efficiency and accessibility in our interactions with technology [14,16]. Its capability to comprehend natural language facilitates smoother and more intuitive interactions which directly minimizes the necessity for complex commands or heavy interfaces [10].

Besides that, ChatGPT's impact extends to educational environments [17,18]. ChatGPT's impact on education extends to nurturing essential skills such as creativity and critical thinking [18]. By offering relevant content suggestions, ChatGPT allows students to dedicate more time and energy to exploring their ideas and articulating them effectively. This freedom from ordinary tasks liberates students' cognitive faculties whereby enabling them to explore deeper into subjects, pose thought-provoking questions and engage in insightful discussions [19]. Additionally, ChatGPT promotes critical thinking skills by encouraging students to analyze, evaluate, and synthesize information from various sources. By generating thought-provoking responses and stimulating intellectual curiosity, ChatGPT prompts students to consider alternative viewpoints and develop well-reasoned arguments [19]. This process of inquiry and reflection cultivates a deeper understanding of complex issues and prepares students to navigate the uncertainties of the modern world with confidence and discernment.

In the realm of entertainment and media, ChatGPT is revolutionizing how we consume and engage with content [20]. Interactive storytelling platforms use ChatGPT to craft immersive narratives that evolve based on user input which inviting readers to actively participate in the storytelling process [21]. Similarly, social media platforms utilize ChatGPT to offer personalized content suggestions and will facilitate natural language interactions and boost user engagement [22]. By integrating ChatGPT into entertainment platforms, content creators can push the boundaries of traditional storytelling and audience engagement. The ability to generate dynamic and responsive content opens up new possibilities for immersive storytelling experiences, interactive games, and personalized entertainment content tailored to individual preferences [20]. This fosters deeper connections between content creators and audiences, driving increased viewer engagement, loyalty, and advocacy [7].

In another case, the significant role of ChatGPT in language translation and cross-cultural communication cannot be deniable [11]. Language translation tools driven by ChatGPT offer real-time translation services that effectively undo language barriers, fostering communication among individuals from varied linguistic backgrounds. These tools play a crucial role in facilitating cross-cultural exchange, thereby enriching global comprehension and collaboration [11]. In other words,

by delivering accurate and contextually relevant translations, ChatGPT enables effective communication across languages, supporting international cooperation and cultural exchange [12]. Additionally, ChatGPT's ability to understand and generate human-like text has implications for accessibility and inclusivity in digital communication. In other case, for individuals with disabilities or language barriers, ChatGPT-powered interfaces offer alternative means of interaction and expression [23]. This will be enabling broader participation in online conversations and independent access to information. By enhancing digital content accessibility and inclusivity, ChatGPT contributes to a more equitable and interconnected digital society [12].

In the healthcare industry, the presence of ChatGPT is steadily increasing, encompassing virtual health assistants, medical chatbots, and tools for patient support [24]. Virtual assistants equipped with ChatGPT provide patients with personalized health information, reminders and guidance. This will empowering them to effectively oversee their health. The utilization of medical chatbots provides patients with a convenient avenue to seek medical counsel, arrange appointments, and access relevant resources, consequently improving healthcare accessibility and patient outcomes [7,24]. In other words, the integration of ChatGPT services plays a pivotal role in enhancing patient experiences and outcomes. For example as illustration on how it works, with virtual health assistants powered by ChatGPT, patients can receive timely reminders for medication schedules, appointments, and preventive health measures tailored to their specific needs [24]. This individualized approach empowers individuals to actively engage in the management of their health and cultivates a sense of responsibility for their well-being.

Furthermore, the impact of ChatGPT on sectors such as marketing, advertising, and content creation holds significant importance. The utilization of ChatGPT's language generation capabilities by marketers in the development of personalized campaigns, the creation of compelling content, are create an enhancement of meaningful interactions with customers [25]. In addition, ChatGPT-powered chatbots empower brands to disseminate customized messages, offer customer support, and gather feedback in real-time, thereby nurturing customer engagement and loyalty. Meanwhile, content creators utilize ChatGPT to stimulate ideation, explore novel concepts, and experiment with diverse writing styles, thereby fostering creativity and innovation in the digital domain [12]. In customer service, ChatGPT-powered chatbots offer efficient and responsive support, addressing inquiries and guiding users through processes [25]. By providing immediate assistance and automating routine tasks, businesses can improve customer satisfaction and streamline their operations.

## **5. The Future of ChatGPT**

As ChatGPT continues to progress, it opens up exciting possibilities in the world of Conversational AI. One area of development is the integration of multimodal capabilities [10]. This means that ChatGPT can now understand and generate not only text but also other types of media like images, audio, and video. By incorporating these multimodal inputs and outputs, ChatGPT can enhance conversations which is allowing users to interact with technology in more natural and expressive ways [26]. This expansion into multimodal communication creates new opportunities for interactive learning experiences and improved accessibility for users with different preferences and needs [7, 10].

Furthermore, advancements in ChatGPT's understanding of context and conversational dynamics will improve its ability to engage in nuanced interactions. Future versions of ChatGPT may incorporate advanced dialogue management techniques which enabling it to maintain coherence and anticipate user needs across longer conversations [13]. By better understanding conversational

nuances and social cues, researchers aim to create interactions that feel more human-like and fostering deeper engagement and connection with users [12]. In addition, efforts are underway to enhance ChatGPT's creativity. This means going beyond simple information retrieval and task completion to more imaginative endeavors like storytelling, poetry, and music composition [27]. Researchers are using generative techniques to enable ChatGPT to produce content that is not only contextually relevant but also novel, engaging, and emotionally resonant. This opens up new possibilities for creative expression and collaboration, allowing users to work together with AI in unprecedented ways [7,10].

ChatGPT's future is strongly related to ongoing initiatives to address societal and ethical issues raised by AI [28]. This encompasses addressing matters of prejudice, equity, openness, and responsibility. Scientists and engineers are actively addressing biases in ChatGPT's training data to guarantee openness in its decision-making procedures, and implementing measures for accountability and monitoring. Stakeholders strive to foster trust and confidence in AI systems by giving priority to ethical issues in the design and implementation of ChatGPT. This approach promotes responsible and fair adoption of AI in society [12].

Besides that, in order to maintain the reliability and positive impact of ChatGPT, developers undertake deliberate efforts to reduce biases in ChatGPT's training data which is in aiming to enhance its fairness and inclusivity [28]. It is to ensuring transparency in decision-making processes and guarantees that users have a clear understanding of how ChatGPT functions and can place trust in its responses. Therefore, the implementing systems for accountability and monitoring is crucial in guaranteeing that ChatGPT complies with ethical norms and regulations. Moreover, as ChatGPT continues to develop, it will continue to play a crucial role in predicting the future of technologies that are powered by artificial intelligence. With its capacity to comprehend and produce language that is eerily similar to that of humans across a wide range of modalities, as well as its progress in context understanding and inventiveness, it has the potential to revolutionise the way in which we engage with artificial intelligence. The incorporation of ethical issues into the development and deployment of ChatGPT sets the path for the adoption of artificial intelligence in a responsible and equitable manner, which is to the advantage of society as a whole [12].

## 6. Conclusions

Understanding a platform is crucial before using it extensively. This principle also applies to artificial intelligence platforms, and in the context of this study, it pertains to ChatGPT. The understanding encompasses basic aspects such as how ChatGPT functions and its usage in daily life. This understanding is vital to ensure that individuals or entities using the platform clearly know how it works and subsequently use it effectively. The results of this study can benefit many parties, including platform users and the body of knowledge in the context of artificial intelligence. Future research is recommended to explore the use of the ChatGPT platform in more specific contexts. Additionally, empirical data-based research is suggested to produce more precise results in explaining the application of the platform in various contexts.

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